



Campbell River

RECREATION GUIDE SUMMER 2025



City of
Campbell
River

City of Campbell River | Recreation Guide Summer 2025
(June – August 2025) | campbellriver.ca/recreation-guide

WELCOME

Welcome Message

The summer season will soon be upon us, which means it's time to enjoy the sunshine and spend quality time with friends and family. We have all the events and programs you need to do just that—to make your summer sizzle.


Don't miss our wide selection of Kids' Summer Day Camps (Beach Buddies Camp, Lego Robotics, Byte Camp – Claymation Movie Production, and Soccertron Camps), group fitness classes, CR Live Streets, Spirit Square noon and evening artist performances, Yoga in the Park, Centennial Outdoor Pool programs (new group swim lessons for teens/adults), and an Inner Tube Water Polo Tournament. Dance lessons at Spirit Square (Salsa, Line Dance, and Swing) and much more round out the Summer 2025 schedule. Whether you and yours are looking to learn, get active, play, or socialize, there is something for everyone!

Looking for lively, outdoor entertainment for the whole family? Well, look no further! Join us for seven electrifying event nights with the award-winning CR Live Streets, starting Wednesday, July 16, with Caribbean Night, featuring Caleb Hart and Sonic Alley, all the way to the grand finale on August 27 with Hey Ocean. In between we'll enjoy Latin Night, Rockin' Country, Back to the Fusion, Swing Night, and Family Night with Art Attack on the Row – featuring chalk art stations, games, bouncers, and so much more!

Campbell River Recreation and Culture is excited to be your summer tour guide to all these exciting programs and events. Hope to see you soon!

– **Robin Mitchell**, *Manager of Recreation and Culture*

Find Us Online

-  [campbellriverrec](#)
-  [CityofCampbellRiver](#)
-  [campbellriver.ca/recreationguide](#)

Land Acknowledgement

The City acknowledges we are on the territory of the Laich-Kwil-Tach people of the Wei Wai Kum and We Wai Kai First Nations.



Vision

Campbell River is a **vibrant, healthy and engaged** community.

Mission

We **inspire** and **support** our community and individual well-being by working in **collaboration** to provide **diverse** recreation and culture opportunities for all ages, stages, and abilities.



Ready to
Book Online?

Scan QR or click here:
[campbellriver.ca/registration](#)

Register Now

Online
[campbellriver.ca/registration](#)

By Phone
Community Centre | 250.286.1161
Sportsplex | 250.923.7911

In Person
At the Community Centre or the
Sportsplex

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Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.

AFFORDABLE RECREATION

Leisure Involvement For Everyone (L.I.F.E.)

Through the City of Campbell River Recreation Department, L.I.F.E. provides free admission and discounted rates for recreation programs for individuals and families with low incomes.

Valid for programs at the Sportsplex and Community Centre. Please visit the Sportsplex or Community Centre for an application form.

City of Campbell River Recreation Programs

- 52 FREE Drop In Admissions*
- 50% Discount on up to three registered programs*

**some exclusions may apply*



JumpStart

JumpStart is a community-based charitable program that helps kids in financial need participate in organized sports and recreation. To request funding for a program, complete an online application form here:

<https://jumpstart.canadiantire.ca/pages/individual-child-grants>



KidSport – So All Kids Can Play!

KidSport is a community-based sports charity that provides grants for children to participate in a recognized sport.

Grants are limited to \$200 per year, per child, and certain restrictions apply. To apply, go to: www.kidsportcanada.ca



MEMBERSHIPS AND FEES

Fitness Memberships now include access to even more healthy activities. Memberships give you access to fitness classes, the weight room, badminton, squash, racquetball, wallyball, table tennis, family badminton, soft tennis, drop in basketball, indoor ultimate frisbee and pickleball.

FITNESS MEMBERSHIPS AND DROP IN FEES				
	CHILD (6–12)	YOUTH (13–18)	ADULT (19–59)	SENIOR/STUDENT (60+ OR 19–24*)
Drop in	\$3	\$5	\$7	\$5
10 Visit	\$27	\$35	\$55	\$45
1 Month	x	\$40	\$60	\$50
3 Month	x	\$96	\$144	\$120
1 Year	x	\$264	\$396	\$330
FITNESS CLASSES (AGES 12+)			BADMINTON, SOFT TENNIS, TABLE TENNIS (AGE 16+)	
WEIGHT ROOM (AGE 12+)**			OUTDOOR ULTIMATE FRISBEE (AGE 16+), ADULT PICKLEBALL (AGE 16+)	
SQUASH, RACQUETBALL, WALLYBALL (AGE 8+)			DROP IN BASKETBALL (AGE 8+), ADULT BASKETBALL (AGE 16+), FAMILY BADMINTON (AGE 6+)	

*Student memberships require valid post-secondary identification. All prices include GST.

**Age restrictions apply, please inquire.

Sportsplex

1800 South Alder St
250-923-7911
recandculture@campbellriver.ca

Community Centre

401-11th Ave
250-286-1161
recandculture@campbellriver.ca

Need to cancel? No problem.

Registered drop in classes, such as spin and pickleball, must be cancelled by 4 p.m. the previous day in order to receive a refund. If cancellation notice is not received in time, no refund will be provided. 10 visit pass holders will have one visit deducted. Monthly/yearly pass holders will have a no-show fee applied to your account.

POTTERY FEES

DURATION	AGE 14+
Drop In	\$20
10 Visit Pass	\$160

*Exclusions may apply.

ACTIVE LIVING PASS

DURATION	AGE 16+
Annual (Jan to Dec)	\$30



SPECIAL EVENTS

Go By Bike

All Ages | Free To Attend

Ride your bike as much as possible from May 31–June 6: ride to work, to school, for fun, for exercise, to relieve stress, to clear your mind. No matter the reason, just ride your bike and log your total kilometers online at www.GoByBikeBC.ca or logmyride.gobybikebc.ca. Join us at local celebration stations, participate in activities, group rides and more!

For more information visit www.facebook.com/btwwcr.

Sat – Fri

May 31 – June 6

All Day



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration



LOOP Day

All Ages | Free To Attend

You are invited to Campbell River's 5th Annual Loop Day! Pedal, walk, run or roll and experience Campbell River's Forest, River, Ocean, and Greenways (FROG)! WEAR Green. Grab your friends, family, and neighbours and experience our 28km loop. **Please visit [facebook.com/GreenwaysLoop/](https://www.facebook.com/GreenwaysLoop/) for event schedule and information.**

Location: Discovery Pier

Sun

June 1

TBA



About Our Events

We love collaborating with community groups to provide inclusive and diverse events. Whether your interest is in physical activity, socializing, or arts and crafts – we have an event for you.



SkyHawks' Skydiving Show

All Ages | Free To Attend

The Canadian Armed Forces Parachute Team, the SkyHawks, are Canada's only military parachute demonstration team. The team comprises 13 demonstrators from the Canadian Army, the Royal Canadian Navy, and the Royal Canadian Air Force. This includes both Regular Force and Reserve members with diverse professional backgrounds.

The SkyHawks' thrilling performance will include daring maneuvers and requires a high level of skill, teamwork, and physical fitness. The whole community is invited to watch a spectacular show, and the team will be available to chat, sign autographs, take photo's and learn about the parachutes and gear.

Bring your own lawn chair and enjoy the show!

Location: Willow Point Park Fields 4 and 5

Mon	July 14	12:30 p.m.
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Kite Flying Day

All Ages | Free To Attend

The Downtown BIA's Kite Flying Day will be at Robert Ostler Park! Community members are invited to drop by and fly a kite with us.

Location: Robert Ostler Park

Sat	June 14	Noon – 4 p.m.
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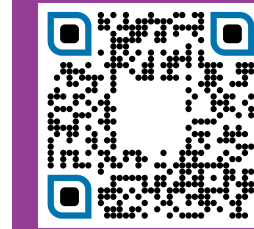
National Indigenous Peoples Day

All Ages | Free To Attend

All are welcome to celebrate Indigenous history and culture with the Laichwiltach Family Life Society. Featuring food, games and activities for kids, music, drumming, dancing and more. More program details will be announced soon.

Location: Spirit Square

Sat	June 21	11 a.m. – 5 p.m.
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Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

Bevy About Town

19+ Years | \$55/Person

The Campbell River Downtown Business Improvement Association is excited to present an evening filled with an array of tastings, entertainment and exploring the diverse merchants downtown has to offer. We hope you will join us for this perfect summer event celebrating the best of Campbell River and Vancouver Island.

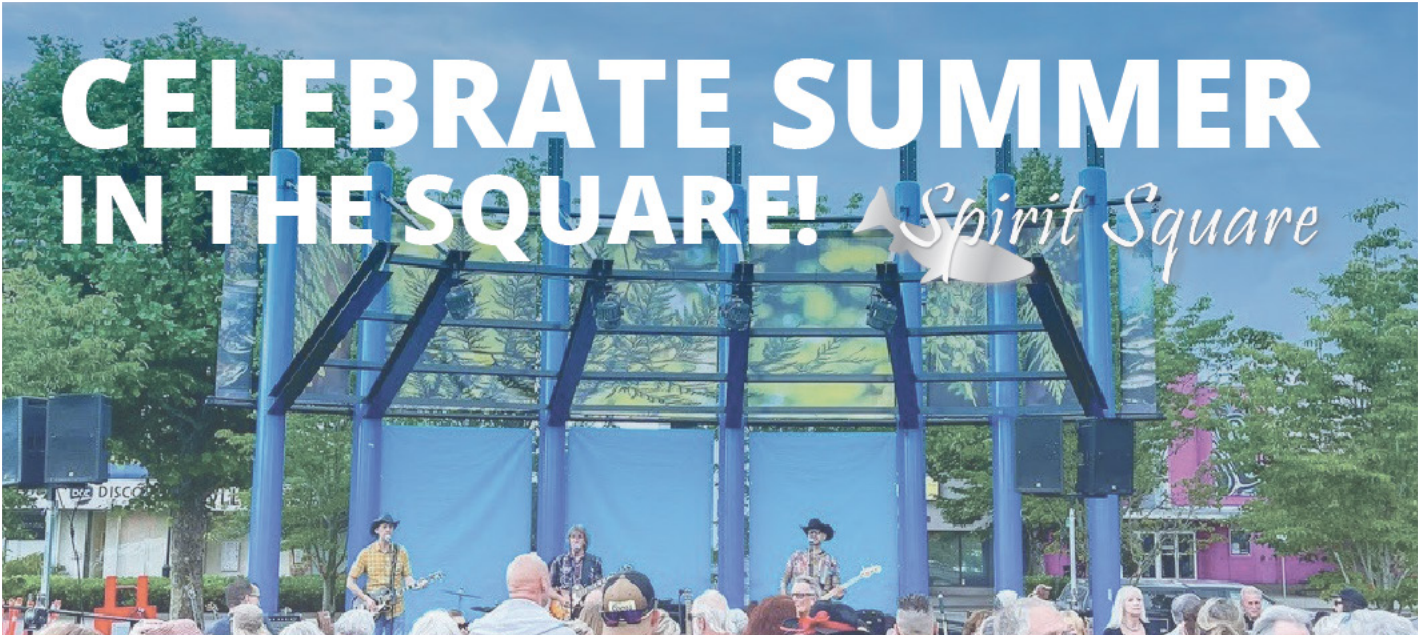
This is a ticketed event. Please purchase tickets in advance at the Tidemark Theatre.

Location: Meet at the Tidemark Theatre Courtyard

Fri	Aug 22	5:30 – 9 p.m.
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CELEBRATE SUMMER IN THE SQUARE!

Spirit Square



Farmers Market

Sundays 10 a.m. to 2 p.m.

**Lunch in
the Square**

Tuesdays at noon starting June 3

River Concerts

Fridays at 7 p.m. starting June 20

**National Indigenous
Peoples Day**

Saturday, June 21

Pride Day

Saturday, June 28

Canada Day

Tuesday, July 1

CR Jazz and Blues Fest

August 20 to 23



For more information, visit
campbellriver.ca/events

CR LIVE STREETS SUMMER 2025 DOWNTOWN ACTIVITIES



River City Ukes

16+ Years | Free To Attend | Drop In

Join our River City Ukes Group! Learn basic chords, strumming techniques, and play popular songs in a fun, supportive environment. No experience needed—just bring your ukulele and enthusiasm! Sessions led by experienced instructors.

Location: Spirit Square

41630	Thu	June 12	12:45 – 2:15 p.m.
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Singing For Fun

All Ages | Free To Attend | Drop In

All ages, stages, and abilities are welcome at this sing-a-long program. Join John Hollywood and our band volunteers and sing to your heart's content to oldies, fun songs, and familiar tunes!

Location: Spirit Square

42421	Wed	June 25	10 – 11 a.m.
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Art In The Square

14+ Years | \$25/Person | Registered

Step away from the stress of the world and enjoy a creative evening painting downtown in Spirit Square. Join us for a paint workshop and create a masterpiece while enjoying some refreshing infused water. All supplies are included, and no experience is necessary. Just bring your sense of fun and we'll take care of the rest. You don't have to be an artist to enjoy this paint night. All are welcome, from beginners to everyday painters. Register today and we'll see you soon!

Location: Spirit Square

42636	Thu	July 3	6 – 8 p.m.
42637	Thu	July 17	6 – 8 p.m.
42638	Thu	July 31	6 – 8 p.m.
42639	Thu	Aug 7	6 – 8 p.m.
42640	Thu	Aug 21	6 – 8 p.m.



Line Dancing In The Square

16+ Years | Free To Attend | Drop In

Learn choreographed dances to dance to country music with the Step-In Line dancers in Spirit Square every Monday throughout the summer. You will learn a variety of dances using a pattern of steps. No dance partner needed. Everyone welcome.

Location: Spirit Square

42318	Mon	July 7 – Aug 25	11 a.m. – Noon
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Yoga In The Park

16+ Years | Free To Attend | Drop In

Bring your mat and join us outside on the grass this summer for FREE Yoga In The Park on Tuesdays at 5:30 p.m. Each class will be a little different and taught by a variety of certified yoga instructors hired by the City of Campbell River. Youth ages 12 – 15 years may attend if accompanied by an adult/parent guardian.

Please Note: These classes are weather dependent. Check before hand by calling the Sportsplex at, 250-923-7911.

***Please Note:** Aug 26 will have an extra session for families 4:15 – 5 p.m.

Location: Robert Ostler Park

Tue	July 8	5:30 – 6:30 p.m.
Tue	July 15	5:30 – 6:30 p.m.
Tue	July 29	5:30 – 6:30 p.m.
Tue	Aug 12	5:30 – 6:30 p.m.
Tue	Aug 19	5:30 – 6:30 p.m.
Tue	Aug 26	4:15 – 5 p.m.*
Tue	Aug 26	5:30 – 6:30 p.m.

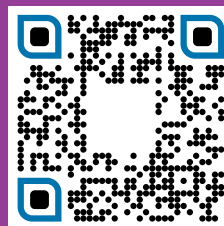
Salsa Lessons In The Square

16+ Years | Free To Attend | Drop In

Salsa Lessons at Spirit Square are back! Join the Forbidden Dance Company, led by the one and only Emily, as she teaches you the steps and leads the group. What better way to get ready for the CR Live Streets Latin Night on July 30 than with these free, weekly classes! Come dance with us — no partner required. Everyone is welcome!

Location: Spirit Square

42409	Tue	July 15 – 29	6:30 – 7:30 p.m.
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Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

Swing Lessons In The Square

16+ Years | Free To Attend | Drop In

Get ready to swing into action with free Swing Dance lessons in Spirit Square! Led by Emily from the Forbidden Dance Company, these fun, weekly classes will have you dancing in no time. Whether you're a beginner or looking to brush up on your moves, this is the perfect way to prepare for the CR Live Streets Swing Night on August 20th. No partner needed — everyone is welcome to join the fun!

Location: Spirit Square

42410	Tue	Aug 5	6:30 – 7:30 p.m.
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Caribbean Night Featuring Caleb Hart With Sonic Alley

Free To Attend | Family Friendly | Licenced

Get ready for an unforgettable night filled with the vibrant rhythms of the Caribbean! Caleb Hart teams up with Sonic Alley to bring energetic, feel-good sounds to Campbell River's downtown. With a lively performance that will have everyone moving to the music, this free event offers an exciting opportunity to experience Caribbean culture through song and dance. The evening also features an opening performance by Cheko Roots. Come down, let loose and enjoy the music!

Location: Shoppers Row

Please Note: Gates open at 6:30 p.m.

42097	Wed	July 16	6:30 – 10 p.m.
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Rockin' River Country Night featuring Orchard Sky

Free To Attend | Family Friendly | Licenced

Get ready to kick up your boots for a fun-filled evening of music at Rockin' River Country Night! Featuring a performance by the electrifying country-rock sensation Orchard Sky and a special opening act by Doug Folkins, this free event is the perfect way to immerse yourself in country music. Whether you're a die-hard country fan or just love live music this event promises something for everyone.

Location: Shoppers Row

Please Note: Gates open at 6:30 p.m.

42098	Wed	July 23	6:30 – 10 p.m.
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Latin Night Featuring Orquesta Obatala

Free To Attend | Family Friendly | Licenced

Let the lively Latin rhythms take over at Latin Night, featuring the incredible Orquesta Obatala! This free event invites everyone, from beginners to seasoned dancers, to join in and experience Latin music and dance. The Forbidden Dance Company will be on hand to teach some new moves and get everyone on the downtown dance floor – dancing partners are welcome but not needed! Enjoy the music, the dancing, and the community vibe.

Location: Shoppers Row

Please Note: Gates open at 6:30 p.m.

42099	Wed	July 30	6:30 – 10 p.m.
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Art Attack On The Row

Free To Attend | Family Friendly | Not Licenced

It's time to get creative and make some art with the community! This event invites everyone to join in on collaborative art projects while enjoying bouncy castles and other fun activities for the whole family. Whether you're an artist, want to explore your creative side, or are just looking for some outdoor fun, this event is all about enjoying the arts and being outside, together. This free, family-friendly event has a laid-back vibe, so come out and create some memories!

Location: Shoppers Row

Please Note: Event starts at 5 p.m.

42102	Wed	Aug 6	5 – 8 p.m.
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Back To The Fusion Featuring Astrocolor

Free To Attend | Family Friendly | Licenced

Get ready for a throwback night with Astrocolor at Back to the Fusion! This vibrant event will transform Shoppers Row into a colourful, energetic dance party. Featuring the eclectic sounds of Astrocolor and opening act DJ Jennee Pleeze, this event is all about dancing, good vibes, and bright colours. Wear your most colourful attire, and be ready to dance!

Location: Shoppers Row

Please Note: Gates open at 6:30 p.m.

42103	Wed	Aug 13	6:30 – 10 p.m.
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Swing Night Featuring Jen Hodge All Stars

Free To Attend | Family Friendly | Licenced

Transport yourself back in time at Swing Night, featuring Jen Hodge All Stars! Dress in your best vintage attire—poodle skirts, zoot suits, and all—for a night full of classic cars, swing music, and dancing. The Forbidden Dance Company will help you master the moves of the era, so whether you're new to swing or a seasoned dancer, you'll be able to get into the groove. This free, licensed event will have everyone dancing and swinging the night away.

Location: Shoppers Row

Please Note: Gates open at 6:30 p.m.

42104	Wed	Aug 20	6:30 – 10 p.m.
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Music In The Night — Live Streets Finale Featuring Hey Ocean!

Free To Attend | Family Friendly | Licenced

Join us for the grand finale of the 2025 CR Live Streets event series with a performance from the popular band Hey Ocean!. This free event will bring the community together to celebrate the best of the season. The night will kick off with pop duo Velavox, and then Hey Ocean! will bring their energetic brand of West Coast pop! Enjoy an evening of music, dancing, and celebration as we close out a memorable summer of live music and community events.

Location: Shoppers Row

Please Note: Gates open at 6:30 p.m.

42105	Wed	Aug 27	6:30 – 10 p.m.
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GREAT COMMUNITY STARTS HERE

JULY 16 TO AUGUST 27

Join us in downtown Campbell River every Wednesday for great evening events and activities.

- July 16** Caribbean Night Featuring Caleb Hart With Sonic Alley
- July 23** Rockin' River Country Night Featuring Orchard Sky
- July 30** Latin Night Featuring Orquesta Obatala
- August 6** Art Attack On The Row
- August 13** Back To The Fusion Featuring Astrocolor
- August 20** Swing Night Featuring Jen Hodge All Stars
- August 27** Music In The Night — Live Streets Finale Featuring Hey Ocean!

FREE AND FAMILY FRIENDLY



POOL INFORMATION

Swim Descriptions

Lengths and Leisure

A quieter environment with lanes, leisure space and wading pool available.

Swim Club

Campbell River Salmon Kings practice – Pool CLOSED.

Family Swim

Paired with lane swimming and private swim lessons, these swims are designed for families. Parents/guardians must swim with their children. Quiet-medium volume environment.

Everyone Welcome

These swims offer a bit of everything. Lanes, some toys, waterslide and wading pool available. Medium-loud volume environment.

Open Swim

Loud environment with open pool access, lots of toys and waterslide available.

CENTENNIAL OUTDOOR POOL INFO LINE

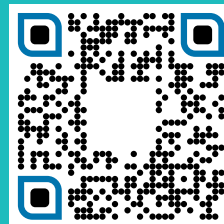
250-286-5317

FACILITY RENTAL INFORMATION

250-286-1161

CENTENNIAL OUTDOOR POOL ADMISSION RATES

AGE GROUPS	DROP-IN	10 VISIT
Pre-School (5 and Under)	FREE	Not available
Child (6 - 12 Years)	FREE	Not available
Youth (13 - 18 Years)	FREE	Not available
Adult (19 - 59 Years)	\$4.00	\$38.00
Senior (60+ Years)	\$3.00	\$28.00



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

CENTENNIAL OUTDOOR POOL SCHEDULE

JUNE 3 – 30, 2025					
*Indicates a quieter swim	**Summer Camps may attend	() Indicates the minimum number of lanes available		Please note: All swims, including rentals, may be shared with program participants	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
	Swim Club 7 – 8 a.m.		Swim Club 7 – 8 a.m.		Family Swim (2)* 9:30 – 10:45 a.m.
Rentals 10 a.m. – 2 p.m.					
Open Swim 2:30 – 4 p.m.					Everyone Welcome (2) 11 a.m. – 12:45 p.m.
Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4:15 – 5:45 p.m.	Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4:15 – 5:45 p.m.	Everyone Welcome (2) 4:15 – 6:15 p.m.	Open Swim 1:15 – 4 p.m.
Everyone Welcome (2) 6:30 – 8 p.m.	Swim Club 6 – 8 p.m.	Everyone Welcome (2) 6:30 – 8 p.m.	Swim Club 6 – 8 p.m.	Open Swim 6:30 – 8 p.m.	Rentals 4:15 – 6:15 p.m.

JULY 1 – AUGUST 24, 2025					
*Indicates a quieter swim	**Summer Camps may attend	() Indicates the minimum number of lanes available		Please note: All swims, including rentals, may be shared with program participants	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
Lengths & Leisure (3)* 7 – 8:30 a.m.	Swim Club 7:30 – 8:30 a.m.	Lengths & Leisure (3)* 7 – 8:30 a.m.	Swim Club 7:30 – 8:30 a.m.	Lengths & Leisure (3)* 7 – 8:30 a.m.	
Swimming Lessons 8:45 – 10:45 a.m.				Family Swim (2)* 8:45 – 10:45 a.m.	
Everyone Welcome (2)** 11 a.m. – 12:45 p.m.					
Open Swim** 1:15 – 4 p.m. (Join us every WEDNESDAY from 2:30 – 4 p.m. for a THEMED FUN SWIM!)					
Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4:15 – 5:45 p.m.	Swim Club 4:15 – 6:15 p.m.	Everyone Welcome (1) 4:15 – 5:45 p.m.	Family Swim (2)* 4:15 – 6:15 p.m.	Rentals 4:15 – 6:15 p.m.
Everyone Welcome (2) 6:30 – 8:30 p.m.	Swim Club 6 – 8 p.m.	Everyone Welcome (2) 6:30 – 8:30 p.m.	Swim Club 6 – 8 p.m.	Everyone Welcome (2) 6:30 – 8:30 p.m.	

Please Note: Children under the age of 7 must have an adult (16+) in the water within arms reach. The ratio is 3 children to 1 adult.

For Statutory Holidays: Canada Day (July 1) and BC Day (Aug 4), please follow our WEEKEND schedule.

Pool CLOSED: 4 p.m. on Fri July 5, all day on Sat/Sun July 6 and 7 for annual swim meet and at 4 p.m. on Wed July 9 for our Inner Tube Water Polo Tournament.

ADDITIONAL SWIMS		
Family Swim And Lengths (2)	Aug 18 and 20	4:15 – 6:15 p.m.
Everyone Welcome (2)	Aug 19 and 21	6 – 8 p.m.

SWIMMING LESSONS

Private and Semi-Private Swim Lessons

3+ Years | \$27 / 30 Mins, \$11 to Add
Second Swimmer

Private swimming lessons offer one-on-one instruction and are open to all stages and abilities as they are tailored to the needs of the individual. These lessons are great for those who struggle in a group learning environment or need extra help learning a skill or completing a level. Like private lessons, semi-private instruction still provides plenty of one-on-one instruction, but these lessons include an additional participant. Learning to swim with another peer allows for social interaction, making learning fun and more engaging. These lessons are a great option for friends or siblings to learn together.

Please Note: Both participants should be close to the same swim level/skill.

July and August

Various private lesson times are available. Please visit www.campbellriver.ca/registration to view available sessions or call the Community Centre or Sportsplex for assistance.

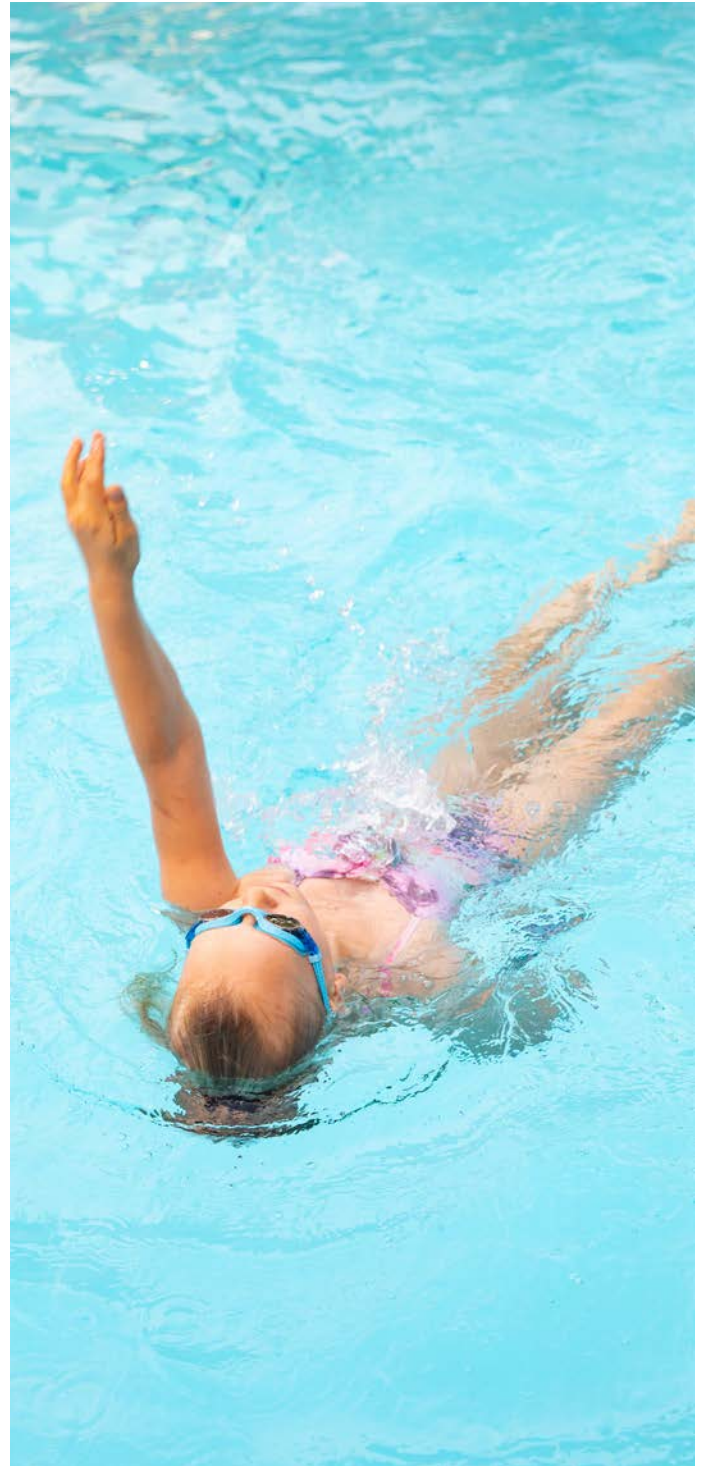
Please Note: Private lessons are very popular and will fill quickly.

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration



Octopus

3–5 Years | \$45/8 Lessons | Registered

Octopus is a transitional level which transfers the preschooler from the parent/caregiver to the care of the instructor. Preschoolers will have fun learning to get in and out of the water safely and learn how to put their face in the water. They'll blow bubbles, open their eyes underwater and learn how to float and glide. Lots of games and songs will make them excited to go swimming!

Location: Centennial Outdoor Pool

42501	Mon – Thu	July 7 – 17	9:20 – 9:50 a.m.
42507	Mon – Thu	July 7 – 17	10:20 – 10:50 a.m.
42585	Mon – Thu	July 21 – 31	9:50 – 10:20 a.m.
42592	Mon – Thu	Aug 11 – Aug 21	9:10 – 9:40 a.m.



Crab

3–5 Years | \$45/8 Lessons | Registered

Crab teaches preschoolers how to safely jump into chest-deep water and how to swim while wearing a PFD. They'll learn submersion skills and continue to work on floats, glides and kicking with buoyant objects. Songs and games are used to teach concepts and skills. Independence in the water is encouraged.

Location: Centennial Outdoor Pool

42509	Mon – Thu	July 7 – 17	9:55 – 10:25 a.m.
42549	Mon – Thu	July 21 – 31	9:10 – 9:40 a.m.
42603	Mon – Thu	Aug 11 – 21	9:20 – 9:50 a.m.

Orca

3–5 Years | \$45/8 Lessons | Registered

Orca teaches preschoolers how to enter deep water safely while wearing a PFD. They'll learn how to submerge and exhale under water, how to retrieve objects underwater, and will continue to develop their floating, gliding and kicking skills. Songs and games are used to teach concepts and skills. Independence in the water is developed.

Location: Centennial Outdoor Pool

42500	Mon – Thu	July 21 – 31	9:45 – 10:15 a.m.
42607	Mon – Thu	Aug 11 – 21	10:10 – 10:40 a.m.



Swimmer 1

5–12 Years | \$45/8 Lessons | Registered

These beginners will become comfortable jumping into the water with and without a PFD. They'll learn how to open their eyes, exhale and hold their breath underwater. Floats, glides and kicking skills with buoyant objects are introduced.

Location: Centennial Outdoor Pool

42499	Mon – Thu	July 7 – 17	9:45 – 10:15 a.m.
42508	Mon – Thu	July 7 – 17	10:10 – 10:40 a.m.
42588	Mon – Thu	July 21 – 31	10:10 – 10:40 a.m.
42590	Mon – Thu	Aug 11 – 21	8:45 – 9:15 a.m.
42605	Mon – Thu	Aug 11 – 21	9:45 – 10:15 a.m.



Swimmer 2

5–12 Years | \$45/8 Lessons | Registered

Recommended: Completed Swimmer 1 or Orca. These swimmers will jump into deep water and learn to be comfortable falling sideways into the water while wearing a PFD. They'll learn how to tread water, develop kicking skills and will be introduced to front and back crawl.

Location: Centennial Outdoor Pool

42498	Mon – Thu	July 7 – 17	8:45 – 9:15 a.m.
42540	Tue and Thu	July 8 – 31	4:15 – 4:45 p.m.
42545	Mon – Thu	July 21 – 31	9:10 – 9:40 a.m.
42606*	Tue and Thu	Aug 5 – 21	4:15 – 4:45 p.m.
42593	Mon – Thu	Aug 11 – 21	9:35 – 10:05 a.m.
42594	Mon – Thu	Aug 11 – 21	9:55 – 10:25 a.m.

*Please Note: \$34/6 Weeks

Swimmer 3

6–12 Years | \$60/8 Lessons | Registered

Recommended: Completed Swimmer 2. These swimmers will learn how to dive and how to do in-water somersaults and handstands to develop weight-transfer skills. They'll learn Swim to Survive® skills, whip kick on back and will further develop their front and back crawl.

Location: Centennial Outdoor Pool

42494	Mon – Thu	July 7 – 17	8:45 – 9:30 a.m.
42542	Mon – Thu	July 21 – 31	9:45 – 10:30 a.m.
42591	Mon – Thu	Aug 11 – 21	8:45 – 9:30 a.m.



Swimmer 4

6–12 Years | \$60/8 Lessons | Registered

In this level, swimmers will become better at diving, treading water and swimming underwater. They'll learn the Swim to Survive® standard and start to develop breaststroke. Front crawl and back crawl are further developed.

Location: Centennial Outdoor Pool

42510	Mon – Thu	July 7 – 17	9:35 – 10:20 a.m.
42548	Mon – Thu	July 21 – 31	8:45 – 9:30 a.m.
42602	Mon – Thu	Aug 11 – 21	9:20 – 10:05 a.m.

Swimmer 5/6

6–12 Years | \$60/8 Lessons | Registered

These swimmers will master dives and swimming in deep water. They'll further develop their Swim to Survive® skills and start to develop eggbeater kick. Breaststroke, front crawl and back crawl are further developed. Interval training and sprinting drills develop fitness. This is a combination class for those in Swimmer 5 or 6.

Location: Centennial Outdoor Pool

42495	Mon – Thu	July 7 – 17	8:45 – 9:30 a.m.
42589	Mon – Thu	Aug 11 – 21	8:45 – 9:30 a.m.



Swimmer 7 – 9 (Rookie, Ranger, Star Patrol)

8–12 Years | \$60/8 Lessons | Registered

Recommended: Completed Swimmer 6. Swimmers in Rookie/Ranger/Star Patrol continue to develop advanced water proficiency and stroke development, first aid treatments and recognition/rescue skills. They will challenge their individual fitness requirements to meet timed swims and distance workouts for their level.

Location: Centennial Outdoor Pool

42497	Mon – Thu	July 21 – 31	8:45 – 9:45 a.m.
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Teen / Adult 1 – (Beginner)

13+ Years | \$65/8 Lessons | Registered

This is for beginner swimmers with little or no swimming experience. You will work towards a 10–15 metre swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9–12 metre interval training.

Location: Centennial Outdoor Pool

42612	Tue and Thu	July 8 – 31	4:50 – 5:50 p.m.
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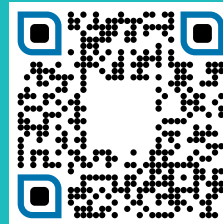
Teen / Adult 2 – (Intermediate)

13+ Years | \$65/6 Lessons | Registered

This level builds on foundational skills with a focus on advanced techniques and endurance. Participants will learn various entries into the water, how to tread water for 1–2 minutes, and swim up to two lengths of the pool using a variety of swimming strokes.

Location: Centennial Outdoor Pool

42617	Tue and Thu	Aug 5 – 21	4:50 – 5:50 p.m.
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Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

Outdoor Pool Birthday Parties

All Ages | \$80/Per Hour | Registered

Weekends at Centennial Pool is the place for your child's best birthday party ever! Activity Room rental is available for an additional \$40, including clean-up fees. Book early to avoid disappointment!

Notes: Price includes admission for up to 40 people.

Please call 250-286-1161 for more information.

Location: Centennial Outdoor Pool

Sat or Sun	July and Aug	Starting at 4:15 or 5:15 p.m.
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CHILD, YOUTH AND FAMILIES



Overview

Our programs offer a variety of hands-on opportunities for children and families to connect, build new skills, learn and grow. Our activities are facilitated by enthusiastic instructors within a fun and encouraging environment designed to promote healthy development.

Youth Basketball

8–18 Years | \$3/Child or \$5/Youth | Drop In

Drop in for some indoor basketball on Wednesday and Saturday afternoons. Bring your friends or meet new ones at this weekly drop-in! Beat the heat on those hot summer days with some indoor fun.

Please Note: This program is not supervised. We recommend that youth under 12 attend with parent or guardian. Capacity is limited.

Location: Sportsplex

42085	Wed	June 4 – Aug 27	4:30 – 6:30 p.m.
42088	Sat	June 7 – Aug 23	1 – 3 p.m.

Home Alone

9 – 12 Years | \$80/Person | Registered Program

Is your child almost ready to stay home alone? This course helps your child become prepared and confident in home and personal safety, handling emergencies and dealing with strangers. Spots fill up fast, so register early to secure your child's spot!

Location: Sportsplex

42624	Sat	June 7	9 a.m. – 3 p.m.
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Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration



NEW PROGRAM

HIGH FIVE® Principles of Healthy Child Development

12+ Years | \$90/Person | Registered

NEW! Learn the HIGH FIVE® Principles of Healthy Child Development. This certification program helps front-line leaders gain confidence, knowledge and tools when leading children’s programs. Learn best practices, how to create environments where children thrive and get certified for future employment!

Location: Sportsplex

41234 Fri June 27 Noon – 4:30 p.m.



Babysitting Know How

11 – 18 Years | \$90/Person | Registered Program

Learn to be a responsible babysitter. This course covers babe care, feeding, basic safety skills, appropriate games and activities. Please bring a healthy lunch and a water bottle. This course fills up quickly! Register early to avoid disappointment.

Location: Sportsplex

42625 Fri June 27 9 a.m. – 4 p.m.



Birthday Parties

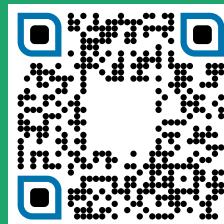
12 Years and Under | \$140 | Registered Program

Let us make your next birthday party a piece of cake! We will look after the set-up, gym supervision, games, toys and activities. We even clean up the mess! Parties are 90 minutes long. Families are welcome to arrive 20 minutes before the party to set up and stay 30 minutes at the end to say goodbyes. We require a minimum of two weeks’ notice.

Special Registration Note: Registration opens for Fall birthday parties on Sunday, June 1, 2025.

Location: Sportsplex

Sun	Sep 7 – Dec 28	11 – 12:30 p.m.
Sun	Sep 7 – Dec 28	2 – 3:30 p.m.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

AFTER SCHOOL PROGRAMS

Tween Club

9 – 12 Years | \$30/3 Weeks | Registered Program

Are you looking for somewhere to hang out after school? Well, we have the spot for you! Join us for the ultimate hang out session where you can meet new friends or hang out with old ones. Whether you want to feed your creative soul through an art or cooking project, burn off energy with table tennis, foosball, video games, music and open gym, or embark on an adventure in Willow Point Park, this is the club for you. Register for the whole session or drop in for just \$10/week if space permits.

Location: Sportsplex

42481	Mon	June 2 – 16	3 – 5 p.m.
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Smoothies and Snacks

5 – 11 Years | \$30/3 Weeks | Registered Program

Join us after school and whip up tasty snacks in our commercial kitchen! Each week, you will learn new skills and practice kitchen safety as we tackle delicious recipes and expand our creative minds. Games and activities are included to burn off energy and spark creativity. Register for the whole session or drop in for \$10/week, if space permits.

Location: Sportsplex

42484	Tue	June 3 – 17	3 – 5 p.m.
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Outdoor Fun and Games

5 – 11 Years | \$30/3 Weeks | Registered Program

Welcome to outdoor fun and games in the park. Weather allowing, we will be outside enjoying a variety of activities in the park and fields of the Sportsplex. Baseball, basketball, grass hockey and of course the splash park. Register for the whole session or drop in for just \$10/week, if space permits.

Location: Sportsplex

42490	Wed	June 4 – 18	3 – 5 p.m.
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Make It and Take It

5 – 11 Years | \$30/3 Weeks | Registered Program

Join us for a diverse variety of arts and craft-building activities each week that can range from building your own labyrinth, tricky towers, wood working, cardboard board games and more! Cultivate your child's creativity in this fun-filled, social, and engaging program. Register for the whole session or drop in for just \$10/week if space permits.

Location: Sportsplex

42491	Thu	June 5 – 19	3 – 5 p.m.
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LEADERS IN TRAINING

Join The Waitlist Now

The Leaders in Training program is an opportunity for youth ages 11–18 to get involved in their community through recreation and connect with other youth. LIT's will receive various training, educational, and social opportunities throughout the year to gain valuable and transferable skills in areas like leadership, communication, teamwork, speaking in front of others, program planning, managing a schedule, and more.

LIT's will volunteer with recreation programs like Summer and Spring break camps, after school programs, and special events with the City of Campbell River. The LIT's will receive mentorship from the program Leaders and the LIT Coordinator throughout the program.

LIT's can build upon their skills year to year and receive training opportunities like First Aid, HIGH FIVE, FOODSAFE, and more. Join us for a memorable year of learning, meeting new people, and having fun! For more information or to apply, drop by the Sportsplex or Community Centre, or email recandculture@campbellriver.ca.

Please note that the program is currently full, but applications are still being accepted for the waitlist.



SUMMER CAMPS

Beach Buddies

3 – 5 Years | \$100/4 Days | Registered Program

Drop your little one off for a morning of exploring, playing in tide pools and learning about the aquatic environment in our community. This is an outdoor camp hosted on the lands of the historical Sybil Andrews Cottage on the Old Island Highway in Willow Point, making it easy access to the ocean. Please bring rubber boots and dress for the weather. Children must have experience in a pre-school type environment.

Location: Sybil Andrews Cottage

41894	Mon – Thu	July 7 – 10	9 a.m. – Noon
41895	Mon – Thu	July 14 – 17	9 a.m. – Noon
41896	Mon – Thu	July 21 – 24	9 a.m. – Noon
41897	Mon – Thu	July 28 – 31	9 a.m. – Noon
41898	Tue – Fri	Aug 5 – 8	9 a.m. – Noon
41899	Mon – Thu	Aug 11 – 14	9 a.m. – Noon



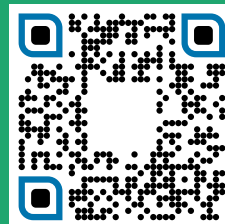
Field Of Dreams Sport And Swim

7 – 12 Years | \$200/5 Days | Registered Program

Rain or shine, we have tons of adventures waiting for you! Join us each morning at Rotary Community Fieldhouse for a variety of indoor and outdoor activities taking advantage of the neighbouring fields, courts, trails and playgrounds. We will then either walk or use public transit to get to the Centennial Outdoor Pool where we will explore the surrounding area and end the days swimming! Make sure you dress for the weather each day and bring your swimsuit, towels, a hat, sunscreen, closed-toed shoes, a healthy lunch and a water bottle each day.

Location: Rotary Community Fieldhouse

41885	Mon – Fri	July 7 – 11	9 a.m. – 4 p.m.
41887	Mon – Fri	July 14 – 18	9 a.m. – 4 p.m.
41888	Mon – Fri	July 21 – 25	9 a.m. – 4 p.m.
41890	Mon – Fri	July 28 – Aug 1	9 a.m. – 4 p.m.
41891	Tue – Fri	Aug 5 – 8	9 a.m. – 4 p.m.
41892	Mon – Fri	Aug 11 – 15	9 a.m. – 4 p.m.
41893	Mon – Fri	Aug 18 – 22	9 a.m. – 4 p.m.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

Disney Dance

3 – 5 Years | \$88/4 Days | Registered Program

Dancing, story time, crafts and games. A different Disney character will be featured daily. Please bring a snack and water bottle. Please wear ballet slippers or participate in bare feet.

Location: Community Centre

41706	Mon – Thu	July 21 – 24	9 – 11 a.m.
41707	Mon – Thu	Aug 11 – 14	9 – 11 a.m.

THEME CAMPS

Under The Sea

5 – 7 Years | \$190/5 Days | Registered Program

Make a splash as you dive into the incredible world of marine life while creating ocean-themed art. Each week will be filled with crafts, games, splash park visits, gym time and a trip to the beach! Children must have completed Kindergarten to register for this camp.

Location: Sportsplex

42618 Mon – Fri July 7 – 11 9 a.m. – 3 p.m.



Enchanted Forest

5 – 7 Years | \$190/5 Days | Registered Program

In this nature-focused camp, we will seek out the magic amongst the trees as we search for gnomes, trolls and other enchanted creatures! We will create miniature worlds, fairy tales, art and explore the forests! Children must have completed Kindergarten to register for this camp.

Location: Sportsplex

42619 Mon – Fri July 14 – 18 9 a.m. – 3 p.m.



Mystery Week

5 – 7 Years | \$190/5 Days | Registered Program

Enjoy a week filled with surprising activities galore! Campers will be kept in mystery until they show up at camp and their daily adventure is revealed. Children must have completed Kindergarten to register for this camp and should come prepared for any type of indoor or outdoor adventure.

Location: Sportsplex

42620 Mon – Fri July 21 – 25 9 a.m. – 3 p.m.

A Week Of Holidays

5 – 7 Years | \$190/5 Days | Registered Program

Why wait for the holidays? Instead, let's celebrate a different holiday each day! We will hunt for Easter eggs, dress up for Halloween and bake holiday cookies. Children must have completed Kindergarten to register for this camp.

Location: Sportsplex

42621 Mon – Fri July 28 – Aug 1 9 a.m. – 3 p.m.

THEME CAMPS

Dino Dig

5 – 7 Years | \$152/4 Days | Registered Program

Bring dinosaurs back to life during this prehistoric-themed camp! Come roar your way into some colossal fun as we make dino-feet, have dino-stomp dance parties and construct a huge exploding volcano! Children must have completed Kindergarten to register for this camp.

Location: Sportsplex

42622 Tue – Fri Aug 5 – 8 9 a.m. – 3 p.m.



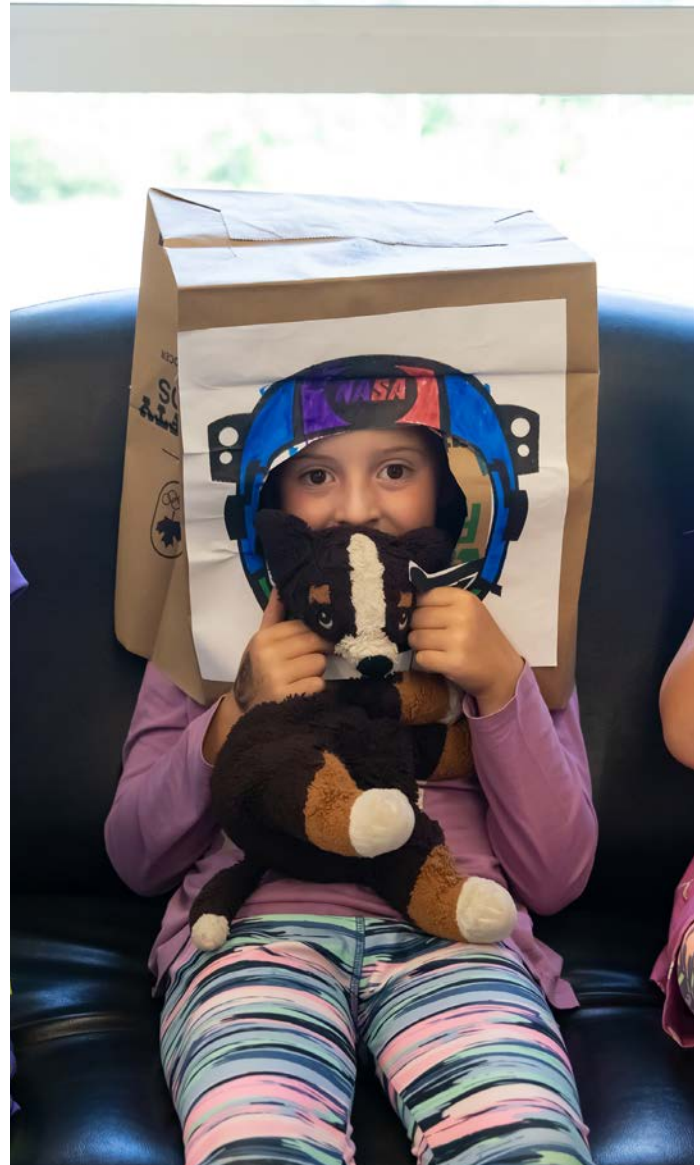
Aqua Force

7 – 12 Years | \$160/4 Days | Registered Program

Let's get splashy in this action-packed week of games, challenges and sports in the Centennial Outdoor Pool and Park! This camp includes a one-hour swimming lesson each day taught by certified swim instructors. Bring your bathing suit, multiple towels, running shoes, water bottle, sunscreen, a hat and a healthy lunch each day. A daily snack is provided.

Location: Centennial Pool

42376 Tue – Fri Aug 5 – 8 9 a.m. – 4 p.m.



Lost In Space

5 – 7 Years | \$190/5 Days | Registered Program

Explore our galaxy and solar system through science, art, games and activities. Come and have a blast making new friends and adventuring through space with us! Children must have completed Kindergarten to register for this camp.

Location: Sportsplex

42623 Mon – Fri Aug 11 – 15 9 a.m. – 3 p.m.

NEW PROGRAM

Soccertron Camp

6 – 9 Years | \$160/5 Days | Registered Program

Catch all the soccer excitement this summer! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week. FUN is the most important part of soccer FUNDamentals. Please come prepared for camp with snacks, water bottle, pre-applied sunscreen, hat, running shoes or cleats, and shin guards (optional).

Location: Robron Park

42422 Mon – Fri Aug 18 – 22 9 a.m. – Noon



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

NEW PROGRAM

Soccertron Camp

10 – 14 Years | \$160/5 Days | Registered Program

Catch all the soccer excitement this summer! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week! FUN is the most important part of soccer FUNDamentals. Please come prepared for camp with snacks, water, pre-applied sunscreen, hat, running shoes or cleats and shin guards (optional).

Location: Robron Park

42423 Mon – Fri Aug 18 – 22 9 a.m. – Noon

NEW PROGRAM

Soccertron Camp: Soccer and Swim

7 – 14 Years | \$290/5 Days | Registered Program

Catch all the soccer excitement this summer! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week. FUN is the most important part of soccer FUNDamentals. Finish each day with a fun swim at the pool! Please come prepared for camp with snacks, lunch, water, pre-applied sunscreen, hat, running shoes or cleats, swimsuit, and towel.

Location: Robron Park

42424 Mon – Fri Aug 18 – 22 9 a.m. – 4 p.m.



TECH AND STEM CAMPS

Byte Camp — Claymation Movie Production

9 – 12 Years | \$395/5 Days | Registered Program

Make your own clay characters come to life, just like Shaun the Sheep! Participants will work to build their own clay characters, sets and props; develop their own script; shoot their movie scenes; and learn to edit and add sounds and special effects to complete the whole project. Don't worry parents, there will be plenty of time devoted to outdoor games and activities!

Location: Sportsplex

41933 Mon – Fri July 21 – 25 9 a.m. – 4 p.m.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

LITTLUNIVERSE — Video Game Design And Science: 2D Minecraft Edition!

7 – 11 Years | \$451.50/5 Days | Registered Program

It's the Ender Dragon but in 2D?! Join our LITTLUNIVERSE for an exciting week of CODING and SCIENCE! Using the Gamemaker, participants will create their very own 2D Minecraft game! Their games will have all sorts of classic Minecraft characters, blocks, and more! Take the game home at the end of the week! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Location: Sportsplex

41923 Mon – Fri July 28 – Aug 1 9 a.m. – 4 p.m.

LITTLUNIVERSE — LEGO Robotics (Mindstorms EV3) And Science – Samurai Battlebots Edition!

9 – 14 Years | \$435.75/5 Days | Registered Program

Samurai's Fight! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING, and SCIENCE! With a teammate, dive into the world of engineering using LEGO's MINDSTORMS EV3 sets and software. No experience? No worries! Learn the basics of coding on DAY 1! Choose from a huge library of awesome builds! At the end of the week teams will build and program Samurai Robots for a fun tournament! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Location: Sportsplex

41928 Mon – Fri July 28 – Aug 1 9 a.m. – 4 p.m.



LITTLUNIVERSE — Minecraft Modding: PVP Edition

8 – 12 Years | \$131.25/5 Days | Registered Program

Woah, did you just take out the Ender Dragon with one hit? Quick put on your OP armor! Knockback your opponent so far they won't know what hit them! But watch out if they come back at you with Dragon Fire! Participants will transform the way they experience the game by learning how to mod by creating different custom objects designed to improve your chances in PVP! Using blockly coding they will program and test each mod they create thus adding a new level of gameplay to their Minecraft experience.

Please Note: Participants should already have some experience with the world of Minecraft. Participants will not need access to their Minecraft account as they will be using our accounts and will be playing on private servers. No prior coding/programming experience is necessary.

Location: Sportsplex

41927 Mon – Fri July 28 – Aug 1 5 – 6:30 p.m.



LITTLUNIVERSE — LEGO Robotics (Spikes Essential) And Science – Gorilla Battlebots Edition!

6 – 9 Years | \$348.60/4 Days | Registered Program

3, 2, 1, fight! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING and SCIENCE! With a teammate, dive into the world of engineering using LEGO's Spike Essential sets and software. No experience? No worries! Learn the basics of coding on DAY 1! Choose from a library of awesome builds, from easy to difficult! On Friday, teams will build and program Gorilla Battlebots for one fun tournament! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Location: Sportsplex

41929 Tue – Fri Aug 5 – 8 9 a.m. – 4 p.m.

Byte Camp — Graphic Design And Printing

11 – 14 Years | \$395/5 Days | Registered Program

Learn how fun and easy it can be to design and fabricate your very own Pinterest-worthy stickers, badges, cards, and more! Students will learn how to design original digital artwork and print and cut out their art with a precision die cutter. Wow your friends and family when you take home your amazing new creations every day!

Location: Sportsplex

41934 Mon – Fri Aug 18 – 22 9 a.m. – 4 p.m.

CHILD, YOUTH AND FAMILY PROGRAMS

Baby Time | Newborn to Walking | FREE | Drop In

Join us for Baby Time – a welcoming drop in session for new babies and their grownups to connect, share experiences, and learn together. We happily welcome twins and triplets too!

Location: Community Centre

Busy Bees | Walking to 5 Years | \$10/Child | Registered

Children have a blast singing songs, playing games, and making new friends. Drop-off the little ones and take some time to go for a workout, catch up on tasks, or sit and enjoy a coffee. Please ensure children are dressed for both indoor and outdoor fun and pack a nut-free snack and water. You can easily register online up to two weeks ahead, or try your luck with a drop in. Registration is recommended for this popular and fun-filled program! Please note, children must be walking to attend.

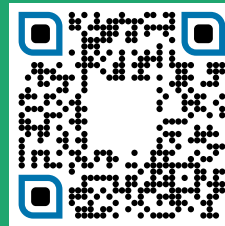
Location: Sportsplex

Family Place | Newborn and Up | FREE | Drop In

We invite families to join us in creating a welcoming place where children and their caregivers can have fun and learn together. We'll be ready with activities, stories, songs, snacks, coffee, and more.

Location: Community Centre

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration



CHILD, YOUTH AND FAMILY CALENDAR

June 2 – Aug 27, 2025

Program will be held in the Sportsplex

📍 Program will be held in the Community Centre

📍 Program will be held **offsite** in the Sybil Andrews Cottage

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Busy Bees 8:45 – 10:45 a.m. June 3 – 17	Busy Bees 8:45 – 10:45 a.m. June 4 – 18	Busy Bees 8:45 – 10:45 a.m. June 5 – 19		
📍 Baby Time 9:30 – 10:45 a.m. June 2 – 23		📍 Family Place 8:45 – 10:45 a.m. June 4 – 25		📍 Family Place 8:45 – 10:45 a.m. June 6 – July 25	
📍 Family Place 12:15 – 2:15 p.m. June 2 – 25		📍 Family Place 12:15 – 2:15 p.m. June 4 – 25		📍 Family Place 12:15 – 2:15 p.m. June 6 – July 25	Home Alone 9 a.m. – 3 p.m. June 7
		📍 Family Place 8:45 – 10:45 a.m. July 2 – 30			
		📍 Family Place 12:15 – 2:15 p.m. July 2 – 30		📍 HIGH FIVE® Principles of Healthy Child Development Noon – 4:30 p.m. June 27	
Tween Club 3 – 5 p.m. June 2 – 16	Smoothies and Snacks 3 – 5 p.m. June 3 – 17	Outdoor Fun and Games 3 – 5 p.m. June 4 – 18	Make It And Take It 3 – 5 p.m. June 5 – 19		Youth Basketball 1 – 3 p.m. June 7 – Aug 23
		Youth Basketball 4:30 – 6:30 p.m. June 4 – Aug 27		Babysitting Know How 9 a.m. – 4 p.m. June 27	

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.

Cancellation Policy

- When 72 hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by **4 p.m.** the day prior in order to avoid a penalty
- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email recandculture@campbellriver.ca



Accessible Trails for All

The TrailRider is a lightweight, one-wheeled, environmentally-friendly access vehicle that is maneuvered by two or three 'sherpas' (friends/family members: one to push and up to two to pull). The TrailRider can take people who have mobility issues or who live with a disability through virtually any terrain, from gentle walking trails to rugged mountain paths. It is very easy to use!

To book the TrailRider, call [250-286-1161](tel:250-286-1161)

Cost: FREE with deposit

SPECIALIZED RECREATION



Overview

Campbell River aims to provide recreation opportunities to help connect all of its citizens and keep our community vibrant, healthy, and engaged. Specialized Recreation includes active programs and social offerings, as well as recreational classes that support this amazing community in learning or practicing new skills. These programs are geared toward individuals living with a disability and are inclusive, as all City programs are – our recreation is geared for all ages, stages, and abilities.

Stepping Out

19+ Years | Free To Attend | Drop In

Get ready for everyone’s favorite evening social program– Stepping Out! Each week brings something new and exciting, from games and movie nights to BINGO, crafts, and so much more! There’s always something fun in store. Plus, you’ll get a full schedule of all the upcoming activities at the very first event. Don’t miss out on the fun!

Location: Community Centre

42432	Mon	June 2 – 9	6 – 8 p.m.
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Active Zone

All Ages | Free To Attend | Drop In

Welcome to the Active Zone – an unsupervised Open Gym opportunity tailored for Specialized Recreation! There will be basketballs, badminton nets, hockey equipment and more to use. It is a great opportunity to get active and have fun.

Location: Community Centre

42382	Thu	June 5 – 26	1 – 2:15 p.m.
42382	Thu	July 3 – Aug 28	12:30 – 1:45 p.m.

Singing For Fun

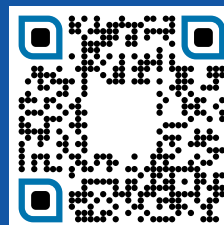
All Ages | Free To Attend | Drop In

All ages, stages and abilities are welcome at this sing-a-long program. Join John Hollywood and our band volunteers and sing to your heart’s content to oldies, fun songs and familiar tunes!

Please Note: June 25 session will be held at Spirit Square.

Location: Community Centre

42421	Wed	June 4 – 25	10 – 11 a.m.
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Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

SPECIALIZED RECREATION CALENDAR

June 1 – August 31, 2025 | 16+ Years

All programs will be held in the Community Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Singing For Fun 10 – 11 a.m. June 4 – 25			
			Active Zone 12:30 – 1:45 p.m. July 3 – Aug 28		
Stepping Out 6 – 8 p.m. June 2 – 9					

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.







ACTIVE LIVING



Overview

Discover healthy and social activities waiting for you at the Community Centre. With our Active Living **Program annual memberships are available for \$30**, which can be used to enjoy more than 30 volunteer-led activities each week. Without a membership, drop in to most programs is \$4 per activity. Transform your routine and find a healthier and happier you.

Active Living for June to August 2025

Backgammon

Backgammon is one of the oldest known board games. It is a 2 player game where each player has 15 pieces that move between 24 triangles, according to the roll of 2 dice. The objective of the game is to be first to move all pieces off the board.

Bridge

Join the fun at our lively Bridge program! This classic card game is perfect for anyone who loves a mix of strategy and socializing. Play in teams of two and challenge your fellow members in friendly, four-person matchups. Whether you're a seasoned pro or just starting out, it's a great way to meet new people and enjoy some friendly competition!

Calico Quilters

Calico Quilters: where creativity meets community! Each meeting is filled with lively discussions on all things quilting, from techniques to new ideas. Plus, don't miss the fun show-and-tell session where members share their latest creations and get inspired by each other's work. It's the perfect place to connect with fellow quilters, learn something new, and celebrate the art of quilting together!

Carpet Bowling

A whimsical twist on traditional bowling. Roll your way to victory on our indoor green carpets. A game that is easy to learn and hard to master. Learn a new tactic every time! Great for all ages, stages and abilities.

Coffee With Friends

Sip savour and share the joys of great conversation over a steaming cup of morning coffee. Make new friends and stay in the loop with the buzz around town in our comfortable Community Centre Lounge. Coffee \$1 per cup or bring your own.

Cribbage

Join our lovely Cribbage program - where every game is a mix of strategy, excitement, and great company! Whether you're a seasoned pro or new to the game, you'll love the challenge of grouping and playing cards to score points. It's the perfect way to sharpen your skills, meet new friends, and enjoy some friendly competition in a relaxed, social atmosphere!

Crochet And Knitting

Come join our warm and welcoming group every Wednesday morning for a perfect blend of knitting, crocheting, and great company! Whether you're a beginner or a seasoned crafter, you'll love sharing patterns, tips, and a cozy cup of coffee with friends. It's the perfect way to relax, create, and enjoy lively conversations with a fun, friendly crowd. Bring your yarn and your stories - there's always something to chat about!

Drop In Painting

Kick-start your morning with a relaxing and creative painting session! Whether you're working on a masterpiece or just having fun with colors, this is the perfect time to dive into your project. No formal instruction, but plenty of friendly help is always available. Bring your current work and enjoy a laid-back, artistic morning with fellow painters!

Drop In Crafts

Join our drop in craft group, for spontaneous creativity and endless inspiration. Come and let your imagination go wild, whether you are a seasoned crafter or just looking to unleash your artistic side. Led by a supportive volunteer leader. This welcoming group always gets up to something fun.

Duplicate Bridge

Take your Bridge game to the next level with Duplicate Bridge! This exciting advanced version of the classic game focuses on skill, strategy, and friendly competition by minimizing the element of luck. It's a fun challenge that lets you put your Bridge expertise to the test. Get ready for a thrilling game where your sharp thinking and clever moves make all the difference!

Euchre

Join our dynamic Euchre games, where every hand is packed with fun and friendly competition! This classic card game is easy to learn but full of clever strategies and subtle moves that keep things interesting. Whether you're a seasoned player or just learning the ropes, Euchre is the perfect way to enjoy a great time with friends and fellow card game lovers.

Fit And Social

Fit And Social is a seated fitness class with exercises accessible to a wide range of individuals. Including older adults, those recovering from injury or surgery, and people with disabilities or chronic conditions. This fitness class offers a supportive environment where individuals can improve their overall fitness and have fun doing it. After the fitness class, stay for a social visit with coffee or tea.

Hand Quilting

Join this incredible group of skilled hand quilters happy to share their knowledge. Bring your own quilt or work on a group project. Come to learn or for the social fun.

Mah Jong

Join the excitement of Mah Jong, a fast-paced and engaging tile-based game that's been sparking fun and strategy since the 19th century! Usually played with four players, this game is a perfect mix of skill and luck, offering endless opportunities for exciting moves and clever tactics. Whether you're a seasoned player or new to the game, Mah Jong is the ideal way to enjoy friendly competition and connect with others!

Mexican Train

Mexican train is a lively and engaging dominos game. Perfect for socializing and keeping your mind sharp with strategies. Everyone is welcome to come play this easy to learn game.

Needle Arts

Are you looking for a group to share your art work with, come and enjoy this enthusiastic group of needle artists? Bring your current project and enjoy stitching in a relaxed, friendly atmosphere. Whether you're into cross-stitch, embroidery, knitting, or crochet, all skill levels are welcome. Connect with fellow crafters, share ideas, and unwind with your favorite needlework.

Partnership Bridge

Come with your partner and play other twosomes.

Quilters Gab

Bring your own project and spend the day sewing and quilting with other quilters.

River City Ukles

Join our River City Ukles Group! Learn basic chords, strumming techniques, and play popular songs in a fun, supportive environment. No experience needed—just bring your ukulele and enthusiasm! Sessions led by experienced instructors.

Scrabble

The popular word game where two to four players score points by placing tiles.

Stamp Club

Unite in a world of tiny treasures and big discoveries. Whether you are a seasoned collector or just starting out. Our club offers the endless opportunity to expand your collection and connect with your fellow enthusiast. This group meets the 3rd Thursday of the Month. Newcomers welcome.

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.



**Ready to
Book Online?**

Scan QR or click here:
campbellriver.ca/registration

ACTIVE LIVING CALENDAR

June 1 – August 31, 2025 | 16+ Years | \$4 Drop In | \$30 Annual Membership

All Programs will be held in the Community Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hand Quilting 8:30 – 11:30 a.m. June 2 – 23	Coffee With Friends 9 – 11 a.m. June 3 – Aug 26 No Program July 1	Hand Quilting 8:30 – 11:30 a.m. June 4 – 25	Mexican Train 9:30 – 11:30 a.m. June 5 – Aug 28	Needle Arts 9:30 a.m. – 1 p.m. June 6– Aug 22
	Quilter's Gab 9 a.m. – 3 p.m. June 3 1st Tue of the Month	Drop In Painting 9:30 a.m. – 12:30 p.m. June 4 – 25	Calico Quilters 9:30 – 11:30 a.m. June 19 3rd Thu of the Month	
	Scrabble 10 a.m. – Noon June 3 – Aug 26 No Program July 1	Crochet And Knitting 9:30 – 11:30 a.m. June 4 – Aug 27		
	Backgammon 11 a.m. – Noon June 3 – Aug 26 No Program July 1	Cribbage 1 – 3:30 p.m. June 4 – Aug 27	River City Ukes 12:45 – 2:15 p.m. June 12 – Aug 28 2nd and 4th Thu of the month	
	Drop In Crafts 1 – 3 p.m. June 10 – 24 1st Tue of the month	Carpet Bowling 1 – 3 p.m. June 11 – 25		
Fit And Social 1:30 – 3 p.m. June 2 – 23	Euchre 1 – 4 p.m. June 3 – Aug 26 No Program July 1	Mah Jong 1 – 4 p.m. June 4 – 25	Stamp Club 1 – 3 p.m. June 19 – Aug 21 3rd Thu of the Month	Bridge 1 – 4:30 p.m. June 6– Aug 29
Partnership Bridge 1 – 4 p.m. June 2 – Aug 25 No Program Aug 4	Bridge 1 – 4:30 p.m. June 3 – Aug 26 No Program July 1	Duplicate Bridge 1 – 4:30 p.m. June 4 – Aug 27	Fit And Social 1:30 – 3 p.m. June 5 – 26	Duplicate Bridge 1 – 4:30 p.m. June 6– Aug 29
	Cribbage 6 – 9 p.m. June 3 – Aug 26 No Program July 1	Euchre 6:30 – 9:30 p.m. June 4 – Aug 27		

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.

Active Living Pass

DURATION: Annual (Jan to Dec)

AGE 16+ | \$30



ADULT PROGRAMS



Overview

The City of Campbell River offers adults a variety of sports and leisure opportunities to stay active and develop healthy lifestyles, connect with new friends in the community, explore social activities, and develop new skills. Both registered and drop in programs are provided to accommodate any schedule. The City takes pride in offering programs for adults of all ages, stages and abilities.

Experience the Culture And Rhythm Of Latin Dance

16+ | \$60 or \$90/4 Weeks | Registered Program

16+ | \$20 or \$25/Person | Drop In Program

Join Roudi and Vero, for their dance classes that go beyond just teaching steps – they bring the culture, energy, and rhythm of Latin dance to life!

This program is for beginners, new comers, or dancers that would like to refresh their knowledge in Salsa and Bachata. Along with learning how to dance, you will experience why dancing is essential for joy, health, and connection. Register for the whole session or drop in if space permits.

Location: Sportsplex

42711*	Fri	May 30 – June 20	6 – 7 p.m.
42709**	Fri	May 30 – June 20	7 – 8 p.m.
42710***	Fri	May 30 – June 20	6 – 8 p.m.

***Please Note:** Salsa Only

****Please Note:** Bachata Only

*****Please Note:** Salsa and Bachata

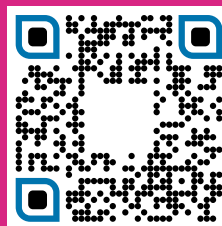
Intermediate Tai Chi

16+ Years | \$4/Person | Drop In

Tai Chi offers a tranquil yet energizing workout, blending gentle movements, deep breathing, and mindfulness. Led by a knowledgeable instructor, participants learn graceful sequences of flowing motions that promote balance, flexibility, and inner calm. Previous Tai Chi experience is strongly encouraged for this class.

Location: Community Centre

41797	Thu	June 5 – 26	1 – 2 p.m.
41798	Thu	June 5 – 26	2 – 3 p.m.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

Historical Fencing — Intro: Longsword And Singlestick

12+ Years | \$99/9 Weeks | Registered Program

Drawing from medieval manuals, this 8-week series will introduce you to a variety of fencing techniques focused on the Longsword and Singlestick. Each class includes a warm-up and demonstration of key concepts, followed by flow drills and paired practice. A focus on safety is essential throughout the course.

Location: Sportsplex

42808	Mon	June 2 – July 28	6 – 7 p.m.
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Historical Fencing — Core

12+ Years | \$135/9 Weeks | Registered Program

This program is more physically and mentally demanding than the Intro class. The goal of Core is to train for entry into our local competitions, but there is no pressure to compete or spar outside of class. Equipment is available for those who want to practice at a more rapid pace. A cup is required for sparring for those who need it.

Location: Sportsplex

42809	Mon	June 2 – July 28	7:15 – 9:15 p.m.
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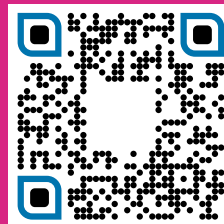
Mental Health Training — The Working Mind For Employees

19+ Years | \$250/Person | Registered Program

Developed by the Mental Health Commission of Canada/Opening Minds, The Working Mind is a proactive mental health training program designed to: build resilience and reduce workplace stigma, enhance productivity and engagement and support psychological safety.

Location: Community Centre

42720	Sat	June 7	9 a.m. – 3 p.m.
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Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

NEW PROGRAM

Inner Tube Water Polo Tournament

16+ Years | \$10/Person or \$40/Team

Registered Program

Join us for an exciting and unique twist on traditional water polo at the Inner Tube Water Polo Tournament! Teams will battle it out in the pool while floating on inner tubes, adding a hilarious and challenging element to this fast-paced sport. It's the perfect mix of competitive fun and aquatic chaos!

Whether you're a seasoned water polo pro or just looking to try something new, this tournament is all about teamwork, strategy and laughing as you navigate the pool with your tube. Get ready for epic passes, splashy goals, and unforgettable moments as teams fight for the championship title.

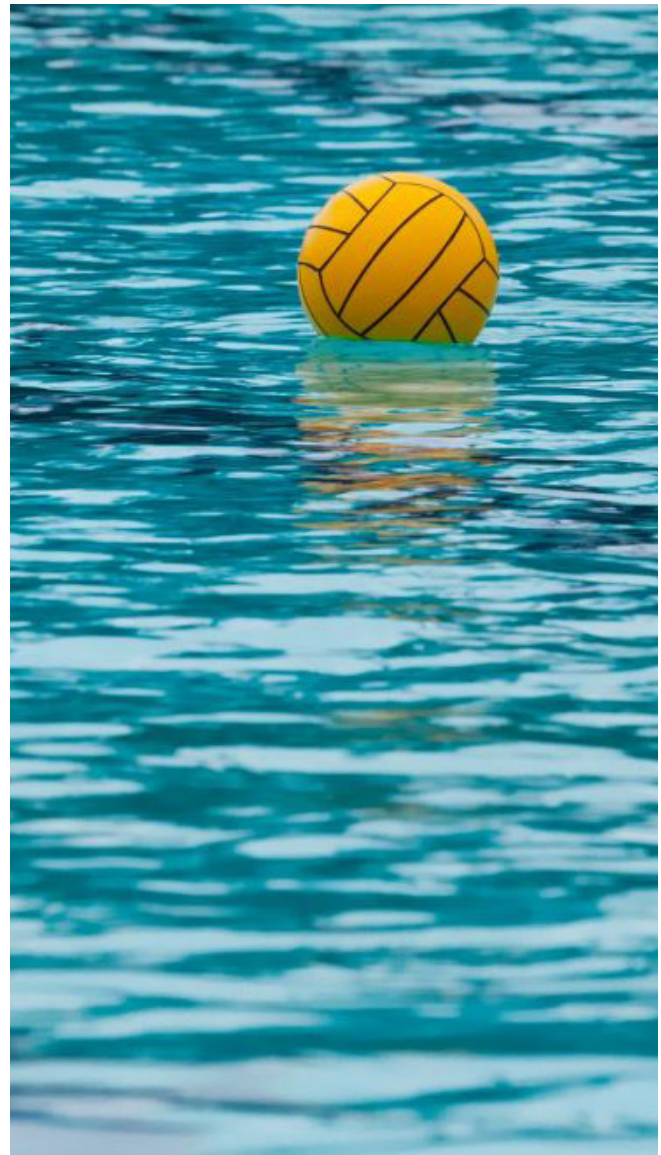
So grab your friends, hop on an inner tube, and dive into the fun at this one-of-a-kind event!

Teams consist of 4 players - there must be at least one male and one female on each team. No worries, you can sign up as an individual and we will team you up with some other ah-mazing players!

Please Note: Participants should be comfortable in deep water and have basic swim skills. Inner tubes are supplied!

Location: Centennial Outdoor Pool

42570	Wed	July 9	6:30 – 8:30 p.m.
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Trail Riding For Beginners

16+ Years | \$50/Person | Registered Program

Learn the basic skills required to take your bike off road and enjoy the trails around Campbell River. Instructor Tanya Allen is an NCCP and PMBIA level 1 coach with over 25 years of instructional and racing experience. Tanya also instructs with Gravity MTB in Cumberland. This series focuses on gear selection, balance, climbing, braking, descending, front wheel lifts, obstacles, turns, and line selection. This course is designed for beginners to low intermediate riders. Meet at the main Sportsplex entrance.

Location: Sportsplex

42652	Sat and Sun	July 12 – 13	9 a.m. – 1 p.m.
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POTTERY PROGRAMS

Pottery Studio

14+ Years | \$20/Person | Drop In

The Community Centre Pottery Studio is open on Tuesday evenings throughout June and select Thursdays in July and August. This is a great time to work on projects that you started in class or are creating on your own. Previous pottery experience is required, as there is no instruction provided. Join like-minded pottery enthusiasts as you practice your skills and work on your latest projects, or bring a friend or family member to learn a new skill together.

Please Note: Pottery Studio clay must be used; clay is available to purchase for \$25 per half bag and \$12.50 per quarter bag. Glaze is provided; no outside glazing products allowed. Bisque and glaze firing available. Purchase a Pottery Membership pass and get 10 pottery drop-ins for the price of 8. Passes can be purchased online or in person at the Community Centre before 4 p.m. Tuesday evening cash is accepted onsite by the volunteers. If registering online or using your Pottery Membership, please let the volunteer leader know. Children under the age of 14 are welcome but they must pay the drop-in fee and be accompanied by an adult.

Location: Community Centre

42092	Tue	June 3 – 24	6 – 9 p.m.
41970	Thu	July 17 – Aug 21	6 – 9 p.m.



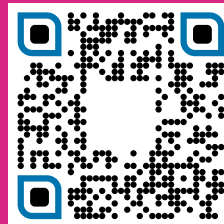
Pottery: Hand Building

14+ Years | \$205/6 Weeks | Registered Program

Get ready to unleash your creativity in this hands-on pottery class! Whether you're a total newbie or a seasoned pro, this is the perfect place to dive into the fun of hand building. You'll have the freedom to explore a variety of projects — think unique mugs, beautiful bowls, and even cozy casseroles! Join us for a playful journey where you can try something new, sharpen your skills, and connect with fellow pottery lovers. Plus, you'll get half a bag of clay included with your registration, so you're all set to get your hands dirty!

Location: Community Centre

42325	Tue	July 8 – Aug 12	6 – 9 p.m.
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Ready to
Book Online?

Scan QR or click here:
campbellriver.ca/registration

Pottery: Intro To The Wheel

14+ Years | \$180/4 Weeks | Registered Program

Have you always wanted to try your hand at the pottery wheel? This class is designed for beginners to get started! This is a semi-private class, and you will learn how to wedge the clay, center the clay on the wheel, and practice throwing. The instructor will demonstrate trimming and glazing the finished pieces. Bring a friend or family member to learn a new skill together or meet like-minded artists. The small class setting makes for a relaxed environment where you can take the time to focus on your projects. Registration includes clay, glazing, and firing of your projects. Finished projects must be picked up within 4 weeks of firing.

Location: Community Centre

42327	Sat	July 12 – Aug 2	Noon – 3 p.m.
42340	Tue	Aug 26 – Sep 16	6 – 9 p.m.



Pottery Wheel: Level 2

14+ Years | \$205/6 Weeks | Registered Program

Have you taken our Introduction to the Wheel class? Are you looking for a refresher, or to further your throwing skills? Take your wheel-throwing to the next level with this semi-private class. You will create more pottery, learn new techniques, and gain further instruction. Bring a friend or family member to pottery class and share the joy of creating art together. The small class setting makes for a relaxed environment where you can take the time to focus on your projects. Some experience is needed, such as an Intro to the Wheel class.

Location: Community Centre

42330	Sat	Aug 9 – Sep 13	Noon – 3 p.m.
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POTTERY FEES

DURATION	AGE 14+
Drop In	\$20
10 Visit Pass	\$160

ADULT SPORTS DESCRIPTIONS

Adult Badminton | 16+ Years | Drop In

Our Adult Badminton Program is designed for players of all skill levels, from beginners to advanced enthusiasts. Whether you're looking to stay active, improve your technique, or compete in friendly matches, we offer a fun and dynamic environment to develop your badminton skills. Racquets are available for use.

Adult Basketball | 16+ Years | Drop In

Come out to the Sportsplex for a slam-dunk of a good time! Depending on the turnout, games will range from full court to 3 on 3. All abilities are welcome to join this lively volunteer-run basketball program.

Adult Pickleball | 16+ Years | Drop In

Pickleball is a paddle sport that combines elements of tennis, badminton, and ping-pong. It is easy to learn, social and a great workout. No wonder it is such a fast growing sport that is fun for players of all ages and skill levels. Space is limited so please register for each session online at campbellriver.ca/registration. Registration opens 5 days in advance.

Beginner Pickleball | 16+ Years | Drop In

If you are brand new to pickleball and always wanted to give it a shot, this is the perfect opportunity. These entry-level sessions will cover the basics and get you playing in no time. Space is limited so please register for each session online at campbellriver.ca/registration. Registration opens 5 days in advance.

Outdoor Ultimate Frisbee | 16+ Years | Drop In

Dash, cut, throw, catch, and leap into the end-zone in our outdoor ultimate frisbee games. Throw the frisbee with high arcs or low drives in this game that blends physics and finesse.

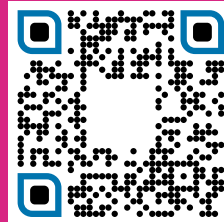
Soft Tennis | 16+ Years | Drop In

Get your daily exercise while enjoying a relaxing game of this popular court sport. Soft tennis is similar to tennis but played indoors with a softer ball as opposed to a hard yellow ball. Beginners are welcome.

Table Tennis | 16+ Years | Drop In

Test your reflexes and hand-eye coordination with this thrilling sport. Also known as ping pong, table tennis is a sport in which two or four players hit a ball back and forth in this social game.

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.



Ready to
Book Online?

Scan QR or click here:
campbellriver.ca/registration



ADULT SPORTS CALENDAR

June 1 – August 31, 2025

Program will be held in the Sportsplex

Program will be held in the Community Centre

Program will be held **offsite**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>C</p> <p>Soft Tennis 10:30 a.m. – 12:30 p.m. June 3 – Aug 26 No Program July 1</p>				
<p>Adult Badminton 1:30 – 3:30 p.m. June 2 – 23</p>	<p>C</p> <p>Table Tennis 1:30 – 3 p.m. June 3 – Aug 26 No Program July 1, Aug 19, June 30</p>	<p>Adult Badminton 1:30 – 3:30 p.m. June 4 – 25</p>		<p>Beginner Pickleball 1 – 3 p.m. June 6 – 27</p>	
<p>C</p> <p>Adult Pickleball 4:30 – 6:30 p.m. June 2 – Aug 25 No Program Aug 4</p>			<p>C</p> <p>Adult Pickleball 4:30 – 6:30 p.m. June 12 – Aug 28 No Program Aug 21</p>	<p>C</p> <p>Adult Badminton 2 – 3:30 p.m. June 6</p>	
<p>C</p> <p>Adult Pickleball 6:45 – 8:45 p.m. June 2 – Aug 25 No Program Aug 4</p>		<p>C</p> <p>Inner Tube Water Polo Tournament 6:30 – 8:30 p.m. July 9 Centennial Pool</p>	<p>C</p> <p>Outdoor Ultimate Frisbee 6 – 7:30 p.m. June 5 – Aug 28 Penfield Elementary</p>	<p>C</p> <p>Adult Badminton 2 – 4:30 p.m. June 13 – 27</p>	
	<p>Adult Badminton 7:30 – 9:30 p.m. June 3 – Aug 26 No Program July 1</p>	<p>Adult Basketball 7:15 – 9:30 p.m. June 4 – Aug 27</p>	<p>Adult Badminton 7:30 – 9:30 p.m. June 5 – Aug 28</p>		

Please Note: Space in Pickleball is limited so please register for each session online at campbellriver.ca/registration. Registration opens 5 days in advance.

Stay informed! Drop in classes and program cancellations can happen. For the most current schedule, changes and cancellations, please check out our Facebook page at facebook.com/Campbellriverrec.

Cancellation Policy

- When 72 hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by **4 p.m.** the day prior in order to avoid a penalty

- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email recandculture@campbellriver.ca



FITNESS



Fitness Programs Overview

Engage in a fitness class or weight room session with the City of Campbell River to enhance your well-being, improve your overall physical and mental health, and connect with others in your community. Join your neighbours and friends of all ages, stages, and abilities in workouts designed to improve your quality of life.

Adult Weight Room Orientation

16+ Years | \$10/Person | Registered Program

This orientation is available for patrons who want to ensure safety, comfort and appropriate use of equipment when using the Sportsplex weight room. Participants will learn basic strength training principles and the proper use of both strength and cardio machines. Please note, this is not a personal training session. Based on the number of participants, availability of equipment, etc., the course may run for 60–90 mins.

Location: Sportsplex

42493	Tue	Jun 3	11 a.m. – 12:30 p.m.
42493	Mon	Jul 7	10 – 11:30 a.m.
42493	Mon	Aug 11	10 – 11:30 a.m.



Youth Weight Room Orientation

13 – 15 Years | \$10/Person | Registered Program

This orientation is designed to get teens comfortable using the Sportsplex weight room without a supervisor present. Participants will learn basic strength training principles, gym etiquette and the proper use of both machines and spotting with a partner. This course is required for youth interested in using the weight room during unsupervised times. Youth must be 13 years of age or older at the time of the course to enroll.

Location: Sportsplex

42492	Tue	June 3	3:15 – 4:45 p.m.
42492	Tue	June 17	3:15 – 4:45 p.m.
42492	Mon	July 7	2:30 – 4 p.m.
42492	Wed	July 23	2:30 – 4 p.m.
42492	Mon	Aug 11	2:30 – 4 p.m.
42492	Wed	Aug 27	2:30 – 4 p.m.



FITNESS MEMBERSHIPS AND DROP IN FEES

What does my Fitness Membership include?

NEW! Fitness Memberships now include access to even more healthy activities. Memberships give you access to fitness classes, the weight room, badminton, squash, racquetball, wallyball, table tennis, family badminton, soft tennis, drop in basketball and pickleball.

	CHILD (6–12)	YOUTH (13–18)	ADULT (19–59)	SENIOR/STUDENT (60+ OR 19–24*)
Drop in	\$3	\$5	\$7	\$5
10 Visit	\$27	\$35	\$55	\$45
1 Month	x	\$40	\$60	\$50
3 Month	x	\$96	\$144	\$120
1 Year	x	\$264	\$396	\$330
FITNESS CLASSES (AGES 12+)		BADMINTON, SOFT TENNIS, TABLE TENNIS (AGE 16+)		
WEIGHT ROOM (AGE 12+)**		OUTDOOR ULTIMATE FRISBEE (AGE 16+), ADULT PICKLEBALL (AGE 16+)		
SQUASH, RACQUETBALL, WALLYBALL (AGE 8+)		DROP IN BASKETBALL (AGE 8+), ADULT BASKETBALL (AGE 16+), FAMILY BADMINTON (AGE 6+)		

*Student memberships require valid post-secondary identification. All prices include GST.

**Age restrictions apply, please inquire.

Fragrance Free Zones

If you are attending a fitness class or visiting the weight room, please come fragrance-free. Many clients and staff have allergies and sensitivities to fragrance and limiting fragrances helps everyone enjoy City programming.

Lockers Available

Please use the lockers located in the change rooms for the safety of your possessions. Cubbies are also available in the hallway outside the weight room for coats, shoes, or belongings.

Remember to wear your inside shoes in the gym or weight room to keep our facility clean.

Sportsplex Weight Room Hours

Mon – Fri | 6 a.m. – 9 p.m.

Sat and Sun | 9 a.m. – 4 p.m.

Supervised Weight Room Hours

Mon – Fri | 6 – 7:45 a.m.

Supervised afternoon weight room hours are variable, please call ahead – 250-923-7911.

Questions?

Learn about weight room equipment – how to adjust machines and set them for your body, discover how to use kettlebells, or improve your position on a spin bike.

For more in-depth learning, book a personal training session.



Personal Training Fees		
	PRIVATE (AGE 13+)	LENGTH
1 session	\$65	60 minutes
3 sessions	\$180	60 minutes
5 sessions	\$275	60 minutes

- ### Why Try Personal Training?
- Customize your health and fitness goals
 - Train more effectively for an event or sport
 - Correct form and equipment tutorials
 - Stay accountable to your investment
 - Maximize your time and energy

All City Personal Trainers are Provincially Certified and Registered

Personal Trainers:

Sue Bennett Sarah Fountain Steve Nagle
 Mary Fast Cindy Leech Sarah Noga

What can I expect from personal training?

Personal training sessions include a series of exercises that first help evaluate and then elevate your overall health and physical status. Your trainer will develop a customized training plan to help you meet your goals.

To get started with personal training, please fill out a personal training package at the Sportsplex or online at www.campbellriver.ca

Please Note: 24 hours notice is required to cancel or reschedule a personal training session.

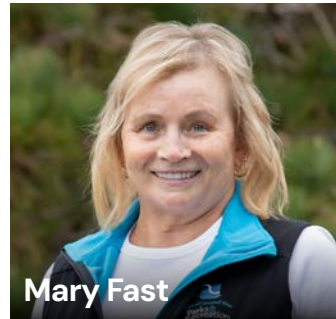
MEET YOUR FITNESS INSTRUCTORS



Sue Bennett



Jennifer Colongioli



Mary Fast



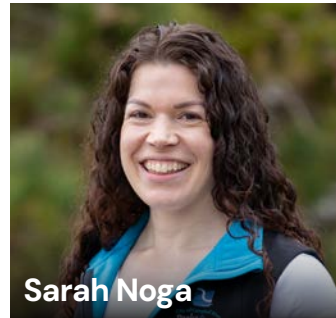
Sarah Fountain



Cindy Leech



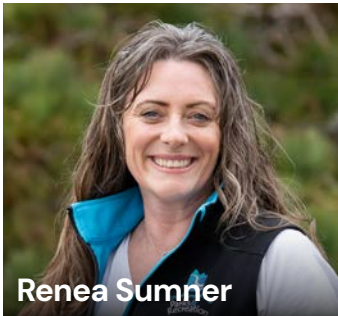
Steve Nagle



Sarah Noga



Ronna Lee Wright



Renea Sumner



Denise Tomlinson



Fitness Classes

Intensity Level Legend **Level 1:** Beginner / Low Intensity **Level 2:** Intermediate / Medium Intensity **Level 3:** Advanced / High Intensity

Balance, Core, And Stretch | Intensity Level: 1-2

Discover the perfect harmony of strength, stability, and flexibility in our Balance, Core, And Stretch Class. This class is designed to improve your overall physical well-being by focusing on core strength, balance exercises, and targeted stretching to enhance flexibility and mobility. This is a great class to for anyone wanting to increase their flexibility and improve posture and range of motion.

Boot Camp | Intensity Level: 2-3

Be ready for anything in this high-intensity, early-morning kick-butt class! A variety of incredible instructors will help you improve your cardiovascular endurance and overall strength.

Cardio Fit | Intensity Level: 2

This high energy fitness class incorporates a variety of fitness moves focusing on **cardio** to get your heartrate pumping. Come prepared to sweat, smile, and push your limits in an energized group environment. All levels welcome, and all moves adaptable.

Chair Yoga | Intensity Level: 1

A chair yoga fitness class provides a safe and accessible way for individuals of all ages and fitness levels to experience the benefits of yoga. In chair yoga, participants perform modified yoga poses while sitting on a chair or using the chair for support. Participants leave feeling relaxed, rejuvenated, and with improved physical and mental well-being.

Please Note: Participants must be able to move independently.

Fit And Social | Intensity Level: 1

Fit And Social is a seated fitness class with exercises accessible to a wide range of individuals. Including older adults, those recovering from injury or surgery, and people with disabilities or chronic conditions. This fitness class offers a supportive environment where individuals can improve their overall fitness and have fun doing it. After the fitness class, stay for a social visit with coffee or tea.

Gentle Yoga | Intensity Level: 1-2

Find peace, relaxation, and gentle movement in our soothing Gentle Yoga class. This session is designed for all levels, with a slower-paced practice that emphasizes deep relaxation, mindfulness, and flexibility to embrace the calming energy of the evening.

Kettle And Core | Intensity Level: 2-3

Use kettlebells in ways you never imagined! Kettlebell class is a high-intensity-ballistic workout that can help meet your toughest fitness goals. It combines functional, compound exercises such as “the swing”, “the clean” and “the press” that will work multiple muscle groups.

Let's Go Circuit! | Intensity Level: 2

Start your week off with this fun social catchup, while getting your daily exercise working through this circuit class. Sweat your way through the gym in a combination of stations focusing on high-energy cardio and strength training.

Power Hour | Intensity Level: 2-3

This class can be a fantastic way to boost your fitness goals and energize your evenings. Power Hour class condenses a full-body muscular workout into a one-hour session, making it efficient for busy schedules. Come check it out and bring a friend.

Pump It Up | Intensity Level: 2

Whether you're aiming to reshape your physique or maintain your strength, our Pump It Up Fitness Class offers a rewarding workout experience. Join us to pump up your muscles, boost your strength, and achieve your fitness goals in a supportive and motivating environment!

Spin 45 | Intensity Level: 2

Spin 45 is a challenging, high-intensity stationary bike class focused on endurance, strength, and recovery intervals. You'll improve your fitness while protecting and strengthening your joints. Get those kilometers going bright and early.

Spin And Core | Intensity Level: 2

Get your weekend sweat on! Enjoy this high-intensity workout with 45 minutes on the spin bike, followed by concentrated core work, and a gratifying stretch.

Spin Yoga Fusion | Intensity Level: 1-3 NEW PROGRAM

Join us for an invigorating and balanced workout that combines the high-energy intensity of spin with the calming stretch and mindfulness of yoga! This unique class is designed to give you the best of both worlds, helping you build strength, endurance, and flexibility.

Step 'N' Sculpt | Intensity Level: 2

Try out this fun cardio Step 'N' Sculpt class! Move through simple choreography on the stepper with strength intervals to sculpt those muscles using a variety of equipment. This class can be adapted for all fitness levels.

Tabata | Intensity Level: 2

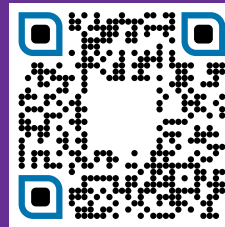
Get an outstanding workout in a short amount of time with this Tabata HIIT workout. Get your heart rate up while building strength through quick sets of hard work followed by recovery. Suitable and adaptable for all fitness levels. Get ready to push yourself!

Yoga | Intensity Level: 1-2

Whether you're new to yoga or have been practicing for years, each class provides an opportunity to deepen your connection to mind, body, and breath, fostering a sense of peace and vitality. Yoga offers numerous benefits, including improved flexibility, strength, and balance. It promotes stress relief, relaxation, and mental clarity.



Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.



Ready to Book Online?

Scan QR or click here:
campbellriver.ca/registration

Cancellation Policy

- When 72 hours cancellation notice is given for registered programs, a refund will be granted and no withdraw fee will be charged
- When less than 72 hours notice is given for registered programs, there will be no refund granted
- Pre-registered drop in sessions must be cancelled by **4 p.m.** the day prior in order to avoid a penalty
- Squash and Racquetball courts may be cancelled up to 1 hour in advance of your scheduled court time
- If the cancellation occurs due to a medical condition please contact us directly for more information
- To cancel, please call 250-923-7911, 250-286-1161 or email recandculture@campbellriver.ca

Spin Reservations

- You may pre-book space in any Spin class to guarantee that you will have a bike when you are ready to workout!
- To reserve your bike online visit campbellriver.ca/registration, or take a chance and drop in.

Please Note

- We are closed on Statutory Holidays.
- Please ensure you are receiving our member emails for updates and class cancellations or call 250-923-7911 for more information.

FITNESS CALENDAR

June 1 – 28, 2025

Program will be held in the Sportsplex

📍 Program will be held in the Community Centre

📍 Program will be held **offsite** in Robert Ostler Park

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 – 7 a.m.	Bootcamp Sarah	Spin 45 Mary	Bootcamp Sarah F.	Spin 45 Jen	Bootcamp Sarah F.	
8 – 9 a.m.						Spin And Core Renea
9 – 10 a.m.	Let's Go Circuit! Sarah	🐝 Tabata Sarah	🐝 Step 'N' Sculpt Sarah	🐝 Cardio Fit Sarah F.	Pump It Up Ronna Lee	
10:15 – 11:15 a.m.					Spin And Mobility Sarah F.	
10:30 – 11:30 a.m.		Balance, Core And Stretch Sarah		Balance, Core And Stretch Sarah F.	Please Note: We are closed on Statutory Holidays. Please ensure you are receiving our member emails for updates and class cancellations or call 250-923-7911 for more information. Instructors for classes may change from time to time due to availability.	
		📍 Chair Yoga Cindy		📍 Chair Yoga Cindy		
Noon – 1 p.m.		📍 Yoga Cindy		📍 Yoga Cindy		
1:30 – 3 p.m. C = Class S = Social	📍 *Fit And Social Mary C: 1:30 – 2:30 p.m. S: 2:30 – 3 p.m.			📍 *Fit And Social Mary C: 1:30 – 2:30 p.m. S: 2:30 – 3 p.m.		
5 – 6 p.m.	Spin Yoga Fusion Cindy		Gentle Yoga Cindy			
5:30 – 6:30 p.m.		Power Hour Jen	Kettle And Core Sarah			

🐝 Need to catch up on your fitness in the weight room or at one of our classes at the Sportsplex? Register for Busy Bees, drop off the kids and get fit!

*Please Note: Fit And Social is included with a fitness membership or with an Active Living Membership.

June 30 – August, 2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 – 7 a.m.	Bootcamp Sarah	Spin 45 Jen	Bootcamp Sarah F.	Spin 45 Sarah F.	
9 – 10 a.m.	Let's Go Circuit! Sarah	Tabata Sarah	Step 'N' Sculpt Sarah	Cardio Fit Sarah F.	Pump It Up Sarah
5 – 6 p.m.	Spin Yoga Fusion Cindy	📍 *Free Yoga In The Park 5:30 – 6:30 p.m.	Gentle Yoga Cindy		

*Please Note: Free Yoga In The Park runs from July 8 – Aug 26, 2025 (No session July 22 and Aug 5).

Please Note: No Programs on July 1 and Aug 4, 2025.

Need to cancel? No problem.

Registered drop in classes, such as spin and pickleball, must be canceled by 4 p.m. the previous day in order to receive a refund. If cancellation notice is not received in time, no refund will be provided. 10 visit pass holders will have one visit deducted. Monthly/yearly pass holders will have a no-show fee applied to your account.

SQUASH, RACQUETBALL AND WALLYBALL

FITNESS MEMBERSHIPS AND DROP IN FEES

	CHILD (6–12)	YOUTH (13–18)	ADULT (19–59)	SENIOR/STUDENT (60+ OR 19–24*)
Drop in	\$3	\$5	\$7	\$5
10 Visit	\$27	\$35	\$55	\$45
1 Month	x	\$40	\$60	\$50
3 Month	x	\$96	\$144	\$120
1 Year	x	\$264	\$396	\$330
FITNESS CLASSES (AGES 12+)			BADMINTON, SOFT TENNIS, TABLE TENNIS (AGE 16+)	
WEIGHT ROOM (AGE 12+)**			OUTDOOR ULTIMATE FRISBEE (AGE 16+), ADULT PICKLEBALL (AGE 16+)	
SQUASH, RACQUETBALL, WALLYBALL (AGE 8+)			DROP IN BASKETBALL (AGE 8+), ADULT BASKETBALL (AGE 16+), FAMILY BADMINTON (AGE 6+)	

*Student memberships require valid post-secondary identification. All prices include GST.

**Age restrictions apply, please inquire.

COURT RENTAL TIMES

WEEKDAYS (NON-PRIME TIME)	WEEKDAYS (PRIME TIMES)	WEEKENDS (PRIME TIMES)
8 – 8:45 a.m.	4 – 4:45 p.m.	9 – 9:45 a.m.
9 – 9:45 a.m.	5 – 5:45 p.m.	10 – 10:45 a.m.
10 – 10:45 a.m.	6 – 6:45 p.m.	11 – 11:45 a.m.
11 – 11:45 a.m.	7 – 7:45 p.m.	Noon – 12:45 p.m.
Noon – 12:45 p.m.	8 – 8:45 p.m.	1 – 1:45 p.m.
1 – 1:45 p.m.		2 – 2:45 p.m.
2 – 2:45 p.m.		3 – 3:45 p.m.
3 – 3:45 p.m.		

1 COURT BOOKING = 45 MINUTES

EQUIPMENT LOAN

RACQUETS, BALLS, WALLYBALL NET AND GOGGLES ARE AVAILABLE TO BORROW – NOW FREE!

GOGGLES ARE REQUIRED FOR YOUTH AGE 18 AND UNDER.

All rental courts are located at the Sportsplex
1800 South Alder Street

How to Book:

Online: www.campbellriver.ca/registration
Phone: Sportsplex at 250-923-7911
Email: recandculture@campbellriver.ca

Please Note:

- Clean, non-marking shoes only (no street shoes)
- It is mandatory for all youth to wear goggles at all times
- If you play beyond your time, you may be subject to additional court fees
- Courts can be reserved 2 weeks in advance, up to 2 courts per day
- Non-Prime use requires one membership scan or drop in fee
- Prime-Time use requires two membership scans or drop in fees or a combination of both
- For refunds, cancellations must be made no later than 1 hour prior the reserved court time



FACILITIES AND REGISTRATION

Online registration is available for City of Campbell River Recreation and Culture Programs

You can now search, register, and pay for programs from a computer, tablet, or smartphone. Update or create your account to start browsing our great selection of programs.

Need to withdraw from a registered program?

72 hours notice for cancellation is required.

Need to withdraw from a pre-registered drop in?

Cancellation must be made by **4 p.m.** the day prior in order to avoid a penalty.

Want to transfer a fitness pass to someone else?

Sure, we can do that. A \$5 transfer fee will apply.

Our Facilities

Community Centre

401 – 11th Avenue

Contact: 250-286-1161

Office Hours

Monday to Friday: 8:30 a.m. – 4 p.m.

Saturday and Sunday: Closed

- Gymnasium
- Craft Room
- Lounge/Galley Kitchen
- Catering Kitchen
- Meeting Rooms
- Change Rooms and Showers
- Elevator

Sportsplex

1800 South Alder St

Contact: 250-923-7911

Office Hours

Monday – Friday: 8 a.m. – 9 p.m.

Saturday and Sunday: 9 a.m. – 4 p.m.

- Gymnasium
- Activity Rooms
- Catering Kitchen
- Meeting Rooms
- Change Rooms and Showers

Rotary Community Fieldhouse

425 Merecoft Road

Best Access: South Birch St. parking lot

Contact: Community Centre 250-286-1161

- Multi Purpose Room
- Kitchen
- Deck
- Lift for Accessibility

Three Ways to Register:

ONLINE

campbellriver.ca/registration

BY PHONE

Community Centre 250-286-1161

Sportsplex 250-923-7911

Call to register and pay by credit card.

IN PERSON

Pay with cash; debit card; VISA or Mastercard at the Campbell River Community Centre or the Sportsplex.

Facility Bookings

indoorbooking@campbellriver.ca

250-286-1161

Parks and Fields Bookings

outdoorbooking@campbellriver.ca

250-286-4034

Registration for June to August programs is available online or in-person beginning at 10 a.m., Monday, April 28, 2025.



PARKS AND FIELDS

Book a Park or Field

For booking inquiries please contact the Parks department.

Mon to Fri | 8:30 a.m. – 4 p.m.

Tel: 250-286-4034

Email: outdoorbooking@campbellriver.ca

		Ball Diamonds	Ball Hockey Court	Basketball Court	Beach Access	Boat Ramp	Bocce	Disc Golf	Dog Park	Fishing	Interpretive Centre	Outdoor Pool	Paved Walkways	Playground	Picnic Tables/Benches	Sand Volleyball Court	Skateboard Park	Seasonal Concession	Splash Park	Sports Fields	Tennis Courts	Trails	Washrooms – Seasonal	Washrooms – Yearly	Waterskiing
Adams Park	10 Adams Rd.				•											•									
Baikie Island Nature Reserve	1799 Robinson Rd.				•								•		•							•			
Cedric Jones Park	191/205 S. Alder St.																								
Centennial Park	230 4th Ave.											•		•	•			•							
Charstate Park	600 Charstate Dr.													•											
Dick Murphy Park	3001 Spit Rd.				•								•	•	•							•		•	
Discovery Pier	655 Island Hwy.								•						•			•					•		
Frank James Park	2067 S. Island Hwy.				•								•		•									•	
Haig Brown House Kingfisher Ck.	2250 Campbell River Rd.	Heritage House 250-286-6646 for information																							
Jaycee Park	2527 S. Island Hwy.				•								•		•										
Ken Forde Park	2701 S. Island Hwy.				•	•				•			•		•									•	
Larwood Park	2377 S. Island Hwy.				•								•		•										
Mclvor Lake	Mclvor Lake Rd.				•	•				•														•	•
Nunns Creek Park	1465 16th Ave.	•												•				•						•	
Penfield West Park	2090 College Dr.								•				•		•							•			
Pinecrest Park	360 Birch St.	•																		•					
Raven Trail	2131 Island Hwy.																					•			
Robert Ostler Park	945 Island Hwy.												•	•	•										•
Robron Athletic Park	425 Merecroft Rd.	•											•	•						•	•			•	
Rotary Beach Park	551 S. Island Hwy.				•								•		•										•
Sequoia Park	471/501 Island Hwy.														•										
Splash Park (in Willow Point Park)	Corner of Penfield & Parkway Roads												•	•	•				•						•
Willow Point Park	1800 South Alder St.	•	•	•			•	•	•				•	•	•	•	•		•	•	•				•



COMMUNITY AND SPORTS ORGANIZATIONS

Archery

CR Fish and Wildlife Club
250-203-7140
www.crfishandwildlifeclub.ca

Badminton

CR Badminton Club
250-287-9827 | crbadminton.ca
info@crbadminton.ca
Youth Badminton
geoff.lacasse@gmail.com

Baseball / Softball

CR Minor Baseball Association
leagues.teamlinkt.com/crmba
North Island Cubs
www.northislandcubs.com

Basketball

CR Youth Basketball Association
Andrew Smith | 250-203-8563
Dime Valley Basketball
www.dimevalleybasketball.com

Bocce

CR Italian Cultural Society
778-418-4000

Bowling

10-Pin Bowling
250-923-5760
CR Bowling
250-286-1177

Cadets - Air

363air@cadets.gc.ca
250-923-1001

Cadets - Army

2943army@cadets.gc.ca
250-203-4126

Cadets - Sea

54sea@cadets.gc.ca
250-204-0224

Climbing

On the Rocks Climbing Gym
rockgym.ca | 250-287-7625

CR Dog Fanciers

campbellriverdogfanciers.com

CR Gun Club Society

crgunclub.bc.ca

CR Sea Wolves Football Club

crseawolvesfootball.com
778-300-1231

Cricket

CR Cricket Club
aaronoshannessy@hotmail.com

Curling

CR Curling Club | 250-287-4200

Cycling

River City Cycling Club
rivercitycycle.ca

Dance

CR DanceXtreme | 250-286-3376
www.crdancextreme.com
Studio North Dance Academy
studionorthdance@gmail.com

Solstice Studio

www.solsticestudio.ca

Tara School of Irish Dancing

treblejoy@taraschoolofirishdancing.ca

Urban Dance Connections

urbandanceconnection@gmail.com

Kathy Macia School of Dance

250-287-9342 | maxmist@shaw.ca

Disc Golf

campbellriverdiscgolf.com

Dragon Boat

RiverSpirit Dragon Boat Team
riverspirit.ca

Elderdog Canada Inc

elderdogcanadastore.ca
1-855-336-4226

Fitness

Sportsplex

250-923-7911 | www.campbellriver.ca

Community Centre

250-286-1161 | www.campbellriver.ca

Primal Athletics/Elevate

778-418-1008
www.primalathletics.net

Jazzercise

250-504-2604 | www.jazzercise.com

Club Fitness

778-420-2288 | www.clubfitnesscr.ca

Session

250-914-2246 | www.sessioncr.com

Girl Guides of Canada

girlguides.ca | 1-800-565-8111

Golf

CR Golf and Country Club

250-287-4790 | www.crgolf.ca

Storey Creek Golf

 | 250-923-3673

www.storeycreek.bc.ca

Gymnastics

CR Gymnastics Association

crgymnasticsassociation@gmail.com

Hockey

CR Men's Hockey League

carhahockey.ca

CR Minor Hockey League

250-850-0056

CR Oldtimers

250-923-3446

Next Level Training

nextlevelbc@gmail.com

Strathcona Gardens Recreation

250-830-6777

www.strathconagardens.com

Sunday Floor Hockey

250-202-5299

Martial Arts

Ara Studio Jiu Jitsu

250-203-1982

www.arastudioandfitness.com

CR Judo Club

crjudoclub@hotmail.com

C.A.S.K. Karate | 250-286-7263

CR Wado Karate Club

250-202-2738

Dimitrova Training Academy

www.dimitrovatrainingacademycanada.com

Heart & Soul Muay Thai

heartandsoulmuaythai.com

250-830-1710

Northwest Shito-Kai

www.karatenwsk.com

Pure Martial Arts Fitness

250-286-6998

Shito-Ryu Karate Club

250-286-6416

Kayaking

CR Paddlers Association

crpaddlers.com

Lacrosse

CR Lacross

campbellriverlacrosse.ca

Performing Arts

Raincoast Creative Performing Arts

raincoastsmt.com | 250-287-4536

Rivercity Players

info@rivercityplayers.ca

rivercityplayers.ca

Shoreline Musical Theatre Society

shorelinemt@gmail.com

shorelinemusicaltheatre.ca

Pickleball

CR Pickleball Association

CR-Pickleball@outlook.com

Racquetball

CR Racquetball Association

mydebcam@me.com

Horseback Riding

Bear Creek Ranch

250-337-5524

Rugby

CR Athletic Association

campbellriverrugby@gmail.com

Sailing Club – Comox Bay

comoxbaysailingclub.ca

Skating (Ice)

Strathcona Gardens

250-830-6777

CR Skating Club

www.skatecampbellriver.ca

Skiing / Alpine

Mount Washington Ski Club

strathconanordics.com

Mount Washington Freestyle Club

www.mwfreestyle.com

Mount Washington Alpine Resort

www.mountwashington.ca

Skiing / Cross Country

Strathcona Nordics

strathconanordics.com

Slo-Pitch

CR Slo-pitch

crslopitch@hotmail.com

250-202-7256

Soccer

CR Mixed Soccer League

250-287-6671

CR Masters Soccer Association

crmasterssoccer@gmail.com

CR Youth Soccer Association

250-286-6660 | www.crysa.bc.ca

Mid-Isle Women's Soccer

miwsoccer.weebly.com

Softball

CR Minor Softball Association

250-923-4380

Space and Field Bookings

Quinsam Crossing Ballfield Bookings

communications@wewaikai.com

250-914-1890

Special Olympics

mabrinson@shaw.ca

250-286-6453

Squash

CR Squash Club

fantillo@gmail.com

250-923-4521

Swimming

CR Killer Whales Swim Club

www.crkw.ca

CR Salmon Kings

info@campbellriversalmonkings.ca

Tennis

CR Tennis Club | crtennisclub.ca

Triathlon

Strathcona Triathlon Club

triclubstrathcona@gmail.com

Volleyball

Crush Volleyball | crushvb.ca

CR Adult Volleyball

www.crvolleyball.ca

Adult Co-ed League

info@crvolleyball.ca

Waterskiing / Wakeboarding

CR Eagles Waterski Club

h20waterski@telus.net

250-202-7704

Wrestling

Mike Munsie

mike.munsie@sd72.bc.ca

Youth Track & Field

The Comets

campbellrivercomets.ca

250-923-2458

List your organizations here! To list your sport or fitness organization here or to update your information, email recandculture@campbellriver.ca or call 250-286-1161.

