

## **News Release**

June 14, 2016

## Centennial outdoor pool is open -Splash 'n' Dash fun one of first events

More than 120 students from Ecole des Deux Monde (EDM) took part in the June 10 Splash 'n' Dash at the Centennial outdoor pool.

This is the second year in a row that Centennial Pool has hosted EDM for this fun, fitness activity.

Nancy Hwang, principal of EDM said that this event "fostered community spirit as the students practiced encouraging each other. They were learning about competitive sports in a healthy way because everyone was a winner. Perhaps one day, they will want to try a triathlon because of the positive experience they had with the Splash 'n' Dash event."

Splash 'n' Dash was created by Triathlon BC as an introduction to the sport of triathlon. It involves a splash or swim through the water, a transition to running gear and then a run through the park.

The Centennial Outdoor Pool is now open with a limited schedule and is available for school and private bookings. For more information on rentals, lessons and programs, please call 250-923-7911.

The pool schedule is posted on the City's website (<u>www.campbellriver.ca</u>) under Parks Recreation and Culture / Facilities / Pools.

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Photos: Students exit the water (1); transition to running gear (2) and run through the park (3)

