

## News Release

March 13, 2017

## Time to get growing - Campbell River's first Garden Expo and Seedy Sunday March 19

Campbell River's first Garden Expo and Seedy Sunday will be held on Sunday, March 19 at the Community Centre.

The expo will host a seed swap, plant sale, demonstrations, a Li'l Sprouts Kids' corner, a concession and vendors from all over Vancouver Island.

"We are delighted that a wide variety of more than 20 vendors and organizations will be attending," says recreation programmer Kara Shirley. "To mention a few, we have Tree Eater Nursery from Denman Island who sell an amazing and unique variety of fruit, nut and berry trees. Salt Spring Seeds offer hundreds of varieties of open pollinated, untreated non genetically-modified seeds. Backyard Botanicals supply locally grown herbs, vegetables and flowers. This is going to be an exciting event!"

The expo takes place from 11 a.m. to 2 p.m. and admission is free. There are demonstrations every 30 minutes. Topics include how to start seeds, produce great compost or make a fairy garden.

For more details, check out the Campbell River Rec Facebook events page or the City website (<a href="www.campbellriver.ca">www.campbellriver.ca</a>) under Parks Recreation and Culture / Special Events.

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Contact: Linda Nagle, Program Coordinator 250-286-7805