

NEWS RELEASE



MARCH 29 2021

Following Provincial Health Order, Indoor Adult Group Physical Activities Temporarily Suspended At Strathcona Gardens, Sportsplex And Campbell River Community Centre

In response to today's Provincial Health Order, Strathcona Regional District and the City of Campbell River are temporarily suspending all indoor adult group physical activities until April 19th at this time. Amateur youth sport and group activities following viaSport phase 2 guidelines continue.

Effective immediately, programs temporarily suspended until further notice at Strathcona Gardens are:

- All aquatic fitness classes
- All Chronic Disease Management / rehabilitation classes

Strathcona Gardens will continue to offer the following individual exercise, with safe physical distance maintained:

- Private one-on-one fitness sessions
- Private skating sessions
- Pre-registered lane swimming and public skating
- All children and youth programs are running

At the Sportsplex and Community Centre:

- All adult fitness classes are cancelled
- The weight room is still open
- All children and youth programs are running

Both the City and Strathcona Regional District appreciate the community's patience and support as service levels are adjusted to comply with the evolving public health requirements. As new information is available, details will be posted online at www.strathconagardens.com/covid-19 and <a href="https://www.strathconagardens.c

For the most recent province-wide restrictions visit www.gov.bc.ca/covid19restrictions

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